

# Esme R. Petersen, Psy.D., LP

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Duluth, MN 86147

## EDUCATION

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**Psy.D. Clinical Psychology**, *Emphasis in Forensics*, Conferred August 2002

**M.A. Clinical Psychology**, June 1999

Boston College, Boston, MA

*Summa Cum Laude*

APA Accredited

Dissertation Title: *Determinants of Cognitive-Behaviorally Based Sexual Offender Treatment Efficacy: An Exploratory Meta-Analysis*

Chair: Charles V. Smith, Ph.D.

Successfully Defended: October 2001

**M.A. Forensic Psychology**, August 1997

Boston College, Boston, MA

*Magna Cum Laude*

**B.S. Psychology**, August 1995

**B.S. Biological Sciences**, May 1995

Georgia State University, Augusta, GA

*Minor: Criminal Justice*

## LICENSURE AND CERTIFICATIONS

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**Licensed Psychologist**, State of Minnesota

License No: LP0001

Granted: January 7, 2003 from the Minnesota Board of Psychology

**Credentialed Health Service Psychologist**

Certification No: 555

Granted: June 25, 2004 from the National Register of Health Service Psychologists

## CLINICAL EXPERIENCE

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**Federal Correctional Institution - Waseca**, Waseca, MN

September 1, 2002 – Present

Clinical Psychologist, Minimum Security Institution

- Complete comprehensive psychological and neuropsychological evaluations, intakes, suicide risk evaluations, admissions to Acute Care Hospital and attend interdisciplinary treatment team meetings.
- Conduct individual therapy with diverse caseload of female inmate/patients.
- Conduct evidence-based group therapy with female inmate/patients including Enhanced Illness Management and Recovery and Dialectical Behavioral Therapy.
- Provide individual and group supervision for unlicensed professionals and students.
- Provide Didactic trainings to Pre-Doctoral Interns as part of the site's APA-Accredited Pre-Doctoral Internship Training Program.

**Arkansas State Hospital**, Hot Springs, AR

July 1, 2001 – July 31, 2002

Psychological Intern, Forensic Psychiatric Hospital, Maximum and Intermediate Security Facilities

APA Accredited Internship

- Conducted comprehensive forensic evaluations including competency, responsibility, sexually violent predator annual review evaluations, and risk assessments.
- Functioned as part of an interdisciplinary treatment team providing competency restoration treatment to clients rendered Incompetent to Stand Trial (IST), and provided individual treatment for two clients related to competency restoration.
- Functioned as part of an interdisciplinary treatment team providing long-term treatment to clients diagnosed with Schizophrenia-Spectrum Disorders in a Social Learning Program that is based upon a token economy, provided case management, and individual therapy.
- Designed and implemented a Program Evaluation that aimed to improve the quality of and performance within the Competency Restoration program.
- Member of Cultural Competence Council whose mission is to provide education and foster a culturally competent environment for staff and clients.
- Received individual and group supervision from licensed psychologists.
- Safe Zone Volunteer who provided a safe environment for staff and clients to discuss LGBTQ issues.

**Arkansas State Hospital, Hot Springs, AR**

June 2000 – June 2001

Psychological Trainee, Forensic Psychiatric Hospital, Maximum Security Facility

- Provided individual and group therapy and case management for individuals with serious mental illness primarily diagnosed with Antisocial Personality Disorder and acquitted Not Guilty by Reason of Mental Disease or Defect (NGRI) and Permanently Incompetent to Stand Trial (PIST) within the maximum security setting.
- Conducted comprehensive forensic evaluations including competency, responsibility, and sexually violent predator annual review evaluations.
- Provided cognitive-behavior therapy, crisis intervention, treatment plan reviews, observation, and consultation.
- Functioned as part of an interdisciplinary treatment team with individual and group supervision from licensed psychologists.
- Safe Zone Volunteer who provided a safe environment for staff and clients to discuss LGBTQ issues.

**Leeds State Prison, Leeds, MA**

Fall 1999 – Summer 2000

Psychological Trainee, Minimum Security Institution

- Provided individual and group therapy for the Correctional Clinical Case Management System in General Population as well as the Enhanced Outpatient Program.
- Conducted comprehensive psychological evaluations, mental health screenings, intakes, and suicide risk evaluations.
- Provided cognitive-behavioral therapy, brief treatment, crisis intervention, observation, and consultation.
- Functioned as part of a multidisciplinary treatment team with individual and group supervision from licensed psychologists.

**Psychological Community Behavioral Health, Boston, MA**

Summer 1998 – Summer 1999

Psychological Trainee, Integrative Health Rotation & Advanced Assessment Rotation, Outpatient Community Clinic

- Carried full caseload with diverse client population.
- Provided individual psychotherapy utilizing object relations and cognitive therapy in the context of a humanistic stance with behavior interventions as needed.
- Conducted both general clinical assessments and forensic assessments for State Approved Domestic Violence Batterer's Intervention Program.
- Performed weekly screening evaluations for new clients and provided crisis intervention.

**Worcester Correctional Facility, Worcester, MA**

Fall 1997 – Summer 1998

Psychological Trainee, Maximum Security Institution

- Received training within three clinical rotations in varied settings within all male-facility prison to include the Secure Housing Unit, Enhanced Outpatient Program, and Correctional Clinical Case Management System in General Population.
- Provided individual and group therapy (behavioral therapy, brief treatment, crisis intervention, consultation, and assessment) for the Level IV General Population, Administrative Segregation, Secure Housing Unit, Protective Housing Unit, Developmental Disabilities Program, Sensitive Needs Yard, Exhibitionism Program, and Acute Care Hospital with inpatient Mental Health Crisis Bed Unit.
- Completed comprehensive psychological and neuropsychological evaluations, intakes, suicide risk evaluations, admissions to Acute Care Hospital and attended interdisciplinary treatment team meetings.

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## TEACHING EXPERIENCE

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### ADJUNCT FACULTY POSITIONS

**Chicago School of Professional Psychology, Chicago, IL**

Summer 2014– Present

**Adjunct Faculty, Clinical Psychology Ph.D. Program**

**Teaching with Distance Learning Methods**

Spring 2018

- Co-Instructor for doctorate-level advanced teaching methods course designed to prepare graduate students to teach effectively at the undergraduate and graduate level, in an online environment. Students learn skills that include translating an established syllabus to online course modules, instructional methods that use both cognitive and constructive educational theories, assessment methods suitable for teaching online, faculty-student time management and access issues, and the effective delivery of online course materials. International competence in teaching from the US to another culture is also addressed. Students are required to design and develop course materials for an online undergraduate course.

**Evidence-Based Methods: Meta-Analysis**

Summer 2017

- Instructor for 10-week doctorate-level advanced applied research methods course that builds upon basic knowledge of statistics and research. This course covers the essentials of establishing a basis of evidence for a treatment by teaching students to critically review, evaluate, and synthesize previous research on a given topic through meta-analysis. In addition to learning about the concepts of meta-analysis, students are put in small groups to conduct an abbreviated meta-analysis to experience this in a hands-on approach. Students who express interest then work with the instructor following successful completion of the course to carry the full version of the meta-analysis to presentation and/or publication.

**Boston College, Boston, MA**

1998 – 2002

**Adjunct Faculty, College of Letters and Sciences**

**Introduction to Personality Theory**

May 1998

- Instructor for 4-week undergraduate course focusing on the study of psychological characteristics of the individual that endure in stable form for substantial periods of time; examines influential theories of personality and supporting research.

**Positive Psychology**

November 1999

- Instructor for 4-week undergraduate course focusing on the study of the historical development of positive psychology and its applications to the practice of wellness, health, and peak performance; topics include self-esteem, relationship building, happiness, and mindfulness.

**Social Psychology**

May 2001, July 2002

- Instructor for 4-week undergraduate course focusing on the study of the responsiveness of individuals to various sources and forms of social influence; major areas of study include persuasion, conformity, obedience, prejudice, attitude formation and change, social behavior, altruism, and aggression and the influence of the mass media.

**Bunker Hill Community College, Boston, MA**

Fall 1996 – Spring 1997

**Adjunct Faculty, Business and Social Sciences Division**

**Introduction to Psychology I**

- Instructor for 16-week undergraduate course with enrollment of 55 students, major areas of study focus on research, statistics, biopsychology, sensation, perception, consciousness, development, gender, sexuality, motivation, emotion, eating disorders, and relationships.

**INVITED GUEST LECTURER**

**St. Olaf College, Northfield, MN**

August 2020

**Petersen, E. R.** (2020, August). *False Memories in Court Testimony*. Guest lecture to undergraduate freshmen enrolled in introductory forensic psychology course as part of requirements to graduate, St. Olaf College, Northfield, MN.

**Chicago School of Professional Psychology, Chicago, IL**

September 2019

**Petersen, E. R.** (2019, September). *Evaluating the Mental Status Exam*. Guest lecture to introductory clinical psychology doctorate students as part of required seminar in professional writing development, School of Professional Psychology at Stanford University, Stanford, CA.

**TEACHING ASSISTANTSHIPS**

**Boston College, Boston, MA**

**Teaching Assistant for Charles Smith, Ph.D. for Advanced Assessment Rotation**

July 2000 – July 2001

- Responsible for reviewing and providing feedback on psychological assessment data and clinical integrative reports for third year clinical and forensic students prior to submission to the supervisor.
- Assessments include general psychological functioning, various court assessments (Juvenile Justice Center), Domestic Violence Risk (Batterer's Intervention Program), as well as other risk assessments.
- Teach basic assessment skills through presentations, review, provide feedback, guidance, and practice administration of various assessment measures with students in lab.

**Teaching Assistant Instructor for Research Competency Examination Preparation Course**

May 2000, May 2001, May 2002

- Co-taught week long preparatory course for Research Competency Examination for Clinical Ph.D. program first year students, reviewed all material on exam to include Research Article Analysis and SPSS.

**Teaching Assistant for Merle Jensen, Ph.D. Data Analysis, Research Design, & Program Evaluation Course**

Fall 1999 – Summer 2000

- Responsible for grading weekly assignments for graduate students, assist instructor with review sessions for Research Competency Examination, and manage student questions on Moodle website.

**Teaching Assistant for Lynette Mason, Ph.D. Personality Assessment: Methods Course**

Fall 1998 – Spring 1999

- Responsible for leading review sessions for graduate students pertaining to psychological objective and projective assessments including *Minnesota Multiphasic Personality Inventory – 2 (MMPI-2)*, *Millon Clinical Multiaxial Inventory – III (MCMI-III)*, *Personality Assessment Inventory (PAI)*, *Rorschach Inkblot Method (RIM)*, and *Thematic Apperception Test (TAT)*.
- Assist instructor in locating research articles critiquing assessments through literature reviews for relevant empirically validated articles, present formal assessment case presentations.

## RESEARCH EXPERIENCE

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### Traumatic Brain Injury Research Lab, Boston College

Spring 1998 – Fall 2001

Research Assistant with team of graduate students and core faculty sponsor, Charles Smith, Ph.D., on neuropsychological assessment studies examining performance differences between brain-injured versus non-brain-injured children and adolescents on the LASE; construct validation research on neuropsychological assessment screening measures.

### WIFLE Research Study, Boston College

Spring 1996 – Summer 1997

Lead Research Assistant to core faculty sponsor, Jan Packer, Psy.D., of an exploratory study involving federal female officer stressors, to include operational, organizational, personal, and external stressors for Women in Federal Law Enforcement, Inc.; presentation was delivered with preliminary results to the Annual WIFLE Convention in Arkansas, Summer 2010.

## PUBLICATIONS

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Montoyo, P. A., Randvi, R. A., & **Petersen, E. R.** (2013). Validity of the Counseling Assessment of Psychological Symptoms (CAPS). *International Journal of Psychology and Counselling, 01*(1), 37-72.

**Petersen, E. R.**, Montoyo, P. A., (2011). Sexual offender treatment effectiveness within cognitive-behavioral programs: A meta-analytic investigation of long-term recidivism. *Psychiatry, Psychology, & Law, 01*(1), 12-37.

## PODIUM PRESENTATIONS

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**Petersen, E. R.** (1999, May). *Finding the evidence for restoring treatment-resistant patients with delusional ideation.*

Podium presentation at the California Psychological Association's 77<sup>th</sup> Annual Convention, San Jose, CA.

Lakshmi, S., Smith, J., & **Petersen, E. R.** (2003, June). *Cognitive remediation therapy techniques with patients with Borderline Personality Disorder.* Podium presentation at the Spring Institute Training for the Missouri Institute of Mental Health, St. Louis, MO.

## PANEL PRESENTATIONS

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Esterson, V. T., Singh, S. A., & **Petersen, E. R.** (2012, May). *Reliability Generalization of the Gender Role Conflict Scale (GRCS), GRCS-16, and the GRCS-A.* Panel presentation at the Southwestern Social Science Association Annual Meeting, Loma Linda, CA.

## PAPER PRESENTATIONS

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Montoyo, P. A., Randvi, R. A., & **Petersen, E. R.** (2013). Validity of the Counseling Center Assessment of Psychological Symptoms (CCAPS). Paper presentation at the American Psychological Association Convention, Montgomery, AL.

## POSTER PRESENTATIONS

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**Petersen, E. R.** (2017, June). *The effects of psychosocial rehabilitative treatment on delusions and competency for criminal defendants.* Poster presentation at the 2017 Annual Conference for the American Psychology-Law Society, Charlotte, NC.

## MANUSCRIPT REVIEW EXPERIENCE FOR PEER-REVIEWED JOURNALS

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### *Law and Human Behavior*

March 2020 - Present

Ad Hoc Reviewer

### *Criminal Justice and Mental Health*

July 2020 - Present

Ad Hoc Reviewer

## CONSULTATION EXPERIENCE

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### Worcester County Public Defender's Office, Worcester, MA

June 1999 – June 2001

Mental Health Consultant

- Review case documents pertaining to mental health records and provide interpretation to assist in further development of counsel's defense, advise counsel of any potential roadblocks and potential solutions to consider.

## **INTERNSHIP FOR TERMINAL MASTER'S DEGREE**

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**National Center for Missing and Exploited Children**, Alexandria, VA

Summer 1997

Intern, Forensic Services Unit

- Assisted in consolidating, analyzing, and evaluating incoming reports, information, and leads from various resources and agencies, provided continuous ongoing investigative research support on case files of long term missing and abducted children, child homicide cases, and unidentified remains cases.

## **ADDITIONAL TRAINING AND CONFERENCES**

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**Brain-Based Therapy**, John Smith, Psy.D., GSPIA CE Credit 6 Hours, September 1998

**Recent Trends in the Treatment of the Anxiety Disorder Spectrum**, Sam Mason, Ph.D., GSPIA CE Credit 6 Hours, November 1999

**Personality Assessment in General and The Rorschach in Particular**, Jennifer Spruce, Psy.D., GSPIA CE Credit 6 Hours, November 1999

**Autism Minority Training: Lessons Learned**, Helen Janson, Ph.D., December 2000

**Supervision**, Sue Reach, Ph.D., GSPIA CE Credit 6 Hours, December 2010

91<sup>st</sup> Annual Western Psychological Association Convention, Los Angeles, CA, April 1998

Military Conference, Boston College, Boston, MA, April 1998

33<sup>rd</sup> Annual Central Boston Research Symposium, Boston, MA, April 1999

Annual California Psychological Association Convention, Monterey, CA, April 1999

92<sup>nd</sup> Annual Western Psychological Association Convention, Burlingame, CA, April 2000

32<sup>nd</sup> Annual National Academy of Neuropsychology Conference, Nashville, TN, November 2000

92<sup>nd</sup> Annual Western Psychological Association Convention, Reno, NV, April 2001

34<sup>th</sup> Annual Central Boston Research Symposium, Boston, MA, April 2002

## **LEADERSHIP POSITIONS & APPOINTMENTS**

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Division Co-Chair, Student Division, Massachusetts Psychological Association (MPA), 1998 – 2001

Lead Graduate Research Assistant, Boston College, 1996 – 1997

## **MEMBERSHIPS & AFFILIATIONS**

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Member of American Psychological Association (APA), 2001 – Present

Member of American Psychology-Law Society (AP-LS; APA Division 41), 1999 – Present

Member of Massachusetts Psychological Association (MPA), 1998 – Present

Student Essay Reader and Interviewer for Boston College Clinical Psychology PhD Program, Spring 1998 – Spring 1999

Student Assistant, Curriculum Vitae Project for APA Self-Study, Boston College, Spring 1998 – Summer 1999

## **HONORS AND AWARDS**

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Awarded **Trainee Scholarship**, National Register of Health Service Psychologists, 2004

Awarded **Student of the Year**, Boston College, 1998