

**The Minnesota Psychological Association cosponsors Friday Forums
with Metropolitan State University Psychology Department**

FIRST FRIDAY FORUM

Friday, June 1, 2018

What Urban Behavioral Health Providers Need to Know about Clients from Rural Areas, and Why

Katherine M. (Kay) Slama, Ph.D., LP and Willie B. Garrett, Ed.D., M.S., LP, Ed.D., CEAP

Registration:

8:30 – 9:00 a.m.

Program:

9:00 a.m. – 12:00 p.m.

*This session is at the intermediate level
and is designed for psychologists and other
mental health professionals.*

Location:

Metropolitan State University – St. Paul Campus Auditorium
700 East Seventh St., St. Paul, MN 55106

About the Program:

This program qualifies for 3.0 continuing education credits.

Urban providers see persons from rural areas in their practices as specialty referrals, clients moving to cities, and in tele-behavioral health. This presentation broadens diversity knowledge, describing the specific behavioral health needs, strengths, issues, culture, and skills needed to treat persons from rural communities. Topics addressed include immigrant and minority presence, opioid abuse, poverty, returning soldiers, LGBTQ residents, economic issues, domestic violence, and suicides. The presentation will involve both lecture and group discussion.

Participants will be able to:

1. Describe the general characteristics of rural culture that should be considered in treating people from rural areas.
2. List specific issues in treating people from rural culture.
3. Describe approaches and skills that are useful in treating people from rural areas.

PLEASE NOTE:

You must attend the full 3-hour program to get continuing education credit for the event.

About the Presenters:

Katherine M. (Kay) Slama, Ph.D., LP, has worked in clinical services, teaching, management, consulting and research. She received M.A. and Ph.D. degrees in clinical psychology from the University of Iowa, and an M.S.S. in Mental Health Administration from the University of South Dakota. She is currently an adjunct associate professor at St. Mary's University of Minnesota. She has published articles on rural behavioral health and is involved in dissemination/evaluation for online rural stress workshops. Dr. Slama has served on the Governing Council of the Minnesota Psychological Association (MPA) and as President of the Minnesota Rural Health Association. She has also been Minnesota's APA Rural Health Coordinator, chair of MPA's Rural and Greater Minnesota Division, and chair and coordinator of its Rural Behavioral Health Practice Conference.

Willie B. Garrett, Ed.D., M.S., LP, Ed.D., CEAP, Certified Employee Assistance Professional (CEAP), is a consulting and generalist psychologist in private practice. He has areas of specialization including, trauma recovery, critical incidents, work performance, training, law enforcement, multi-cultural issues, management, ethics, organization development, military deployment and reintegration, and workplace violence. He received an M.S. in Counseling Psychology from Minnesota State University—Mankato and an Ed.D. in Organization Development from the University of Minnesota.

Dr. Garrett has held previous positions as the Director of Professional Affairs of the Minnesota Psychological Association, Director of EAP Clinical Quality, and Director of Behavioral Health at several large integrated care medical clinics.

About First Friday Forums:

The Minnesota Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The Minnesota Psychological Association maintains responsibility for this program and its content.

EARLY BIRD SPECIAL FEES: Register up to two weeks before the event, and receive a discount rate: Members = \$45, Non-members = \$65, Students = \$15. Registration fee includes refreshments, program materials, and CE certificate.

REGULAR REGISTRATION: Registrations received 2 weeks or less prior to the start of any Friday Forum will increase to: Members = \$55, Non-members = \$75, Students = \$25.

CONFIRMATION/CANCELLATION: Registrations are confirmed by receipt of forms on a first-come, first-served basis. You will receive an emailed confirmation of your registration. You will be notified by mail, e-mail or telephone if your selection is filled or cancelled.

ACCESSIBILITY ACCOMMODATIONS: If you need disability related accommodations, including parking, to make this event accessible, please contact the Metropolitan State University Center for Accessibility Resources, 651-793-1549, or Accessibility.Resources@metrostate.edu.



REFUND POLICY: A 100% refund will be made if the event is cancelled. Refunds, less a \$5 handling fee, will be given if a written cancellation is received at least two working days before the scheduled program begins. Transfer of fee to another program is granted if written cancellation notice is received at least one day before the program. No refund or transfer is given the day of the program.

WEATHER-RELATED CANCELLATION POLICY: On rare occasions, classes and events may be cancelled due to severe weather or other conditions. The decision to cancel events is made as early in the day as possible. If events are cancelled, an announcement is posted on the Metropolitan State Web site, www.metrostate.edu. Announcements are made on several radio stations including the following AM stations: WCCO-830, KSTP-1500, KRSI-950, KFAN-1130, KDWB 630, WWTC-1280 and the following FM stations: KQRS-92.5, KS95-94.5, KNOW-91.1. Attendees may also call the MPA office at 952-928-4657.

MPA First Friday Forum • June 1, 2018

Name: _____ Degree: _____ Licensure: _____

Institution/Agency: _____

Address: _____

City/State/Zip _____ Please check: Home Work

E-mail: _____

Phone: _____ Please check: Home Work Fax: _____

If you register **by** May 18, select the **Early Bird Registration** Fee: MPA member: **\$45** Non-member: **\$65** Student: **\$15**

If you register **after** May 18, select the **Regular Registration** Fee: MPA member: **\$55** Non-member: **\$75** Student: **\$25**

Total Amount Enclosed: \$ _____

Check (made payable to MPA) Visa MC American Express

All credit card fields are required

Card Number: _____ Exp. date: _____ Security Code: _____

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Please do not email credit card information. Fax or mail your registration form to protect this information.

or Register online @ www.mnpsych.org

Return To:

Minnesota Psychological Association

4248 Park Glen Road

Minneapolis, MN 55416

P: 952-928-4657 • F: 952-929-1318



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LOCATION: Metropolitan State St. Paul Campus Auditorium

Directions

From west: I-94 to the Mounds Boulevard (left lane) exit, straight ahead on Sixth Street one block to Maria Avenue; turn left on Maria Avenue; parking lot is on the right.

From east: I-94 to the Mounds Boulevard exit; turn right at Sixth Street to Maria Avenue; turn left on Maria Avenue; parking lot is on the right.

Bus

Bus Route: 61, 69 (Minneapolis and St. Paul); 63 (St. Paul)
These buses may have any terminal letter.

Parking

St. Paul Campus-Parking is available in a lot on Maria Avenue, directly across from the campus. The parking fee at the St. Paul Campus is \$5/day.

Handicapped-accessible parking

Contact the Metropolitan State University Center for Accessibility Resources, 651-793-1549, or Accessibility.Resources@metrostate.edu.

