

# MINNESOTA PSYCHOLOGICAL ASSOCIATION 85TH ANNUAL (VIRTUAL) CONFERENCE PROGRAM



Thursday, April 8 & Friday, April 9 | 8:00 a.m. - 4:00 p.m.

## SCHEDULE

*\*CE credits not awarded for these activities.*

### THURSDAY, APRIL 8

- 8:00 a.m. **Opening Plenary Session and Welcome**  
**Looking Back to Move Forward: Healing Racial Battle Fatigue in Turbulent Times (2 credits)**  
Beverly Greene, Ph.D., ABPP
- 10:00 a.m. **Break\***
- 10:15 a.m. **Using Cognitive Behavioral Therapy for Psychosis (CBTp): An Introduction to Treating Psychosis with CBT (1 credit)**  
Aimee Murray, Psy.D., LP
- 11:15 a.m. **Break\***
- 11:30 a.m. **Tackling Tics: How to Use Behavioral Strategies to Manage Symptoms of Tourette Syndrome (1 credit)**  
Christine Conelea, Ph.D., LP
- 12:30 p.m. **Lunch Break\***
- 1:00 p.m. **The Western Disease: Autism in the Somali Community (1 credit)**  
Yasmine Moideen, Ph.D., LP; Andrew Fink, Psy.D., LP
- 2:00 p.m. **Break\***
- 2:15 p.m. **Poster Sessions (1 credit)**
- 3:15 p.m. **Break\***
- 3:30 p.m. **The Invisible End of The Autism Spectrum: Assessment, Diagnosis and Therapy (1 credit)**  
Barb Luskin, Ph.D., LP; Amy Carrison, Psy.D.
- 4:30 p.m. **Sessions end**
- 5:00 p.m. **1 Hour Social Event - Happy Hour Trivia\***

### FRIDAY, APRIL 9

- 8:00 a.m. **Opening Plenary Session and Welcome**  
**Posttraumatic Stress Disorder: Assessment and Treatment in Context (2 credits)**  
Christopher Erbes, Ph.D., LP, ABPP
- 10:00 a.m. **Break\***
- 10:15 a.m. **The Impact of COVID-19 on the Mental Health of Frontline Healthcare Providers: A Preliminary Examination (1 credit)**  
Keyne Law, Ph.D.
- 11:15 a.m. **Break\***
- 11:30 a.m. **Mandated Reporting in Trauma-Informed Settings (1 credit)**  
Katie Olson, J.D.; Miriam Itzkowitz, M.S.
- 12:30 p.m. **Lunch Break\***
- 1:00 p.m. **Psychologists in Public Service: Successfully Navigating Unique Clinical and Ethical Challenges With Those Less Served (1 credit)**  
Colt J. Blunt, Psy.D., LP; Ann LaValley-Wood, Psy.D., LP; Thomas T. Lenhardt, Psy.D., LP; Jennifer L. Harrison, Ph.D., LP; Andrew Fink, Psy.D., LP
- 2:00 p.m. **Break\***
- 2:15 p.m. **Substance Abuse (1 credit)**  
Michael Tkach, Psy.D., LP
- 3:15 p.m. **Break\***
- 3:30 p.m. **Racial Healing (1 credit)**  
Bryana H. French, Ph.D., LP
- 4:30 p.m. **Sessions end**

*Program is subject to change at any time without notice.*

Here for all who need us  
(you too!): Free, no-ap-  
pointment counseling.  
Now by phone or comput-  
er only.



## Become a Volunteer!

We rely on volunteer professional counselors and graduate students to provide our free services. Here's what they say:

*Incredibly rewarding... I know I'm giving back in a way that really matters... I can focus on people, not paperwork... Team meetings help us grow as a community and as professionals...*

**For new practitioners**, experience at Walk-In is highly valued in the mental health field; many therapists earn their hours toward clinical licensure here. **For seasoned practitioners**, Walk-In is a great place to stay in the field while in transition. Typical commitment is 4 hours every two weeks, but varies.

To volunteer, visit [walkin.org/volunteer/](http://walkin.org/volunteer/)



Walk-In Counseling Center  
2421 Chicago Ave, Minneapolis, MN  
55404

Free clinics every weekday. Call or visit our website to find out how to see a counselor -- or become a volunteer counselor yourself.

(612) 870-0565

WALKIN.ORG



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## SPONSORS

Platinum

### Walk-In Counseling



Services are FREE and ANONYMOUS, with NO APPOINTMENT needed. All services are provided by professional clinicians. ANYONE can use Walk-In: clients of other organizations, other service providers, people in the community. Asking for

help can be the healthiest thing you do!

All “walk-in” clinics are now by phone or computer using the Zoom platform. But they are still no appointment. Just call or log in during clinic hours, and you’ll be in the “waiting room.” Next a receptionist will greet you, then place you in a private breakout room, where a counselor will join you as soon as one becomes available. Here’s how to reach a clinic:

**By Phone:** Find a quiet place. Phoning while driving is dangerous. Please don’t! Call the Zoom phone number for the Midwest – (312) 626-6799. When prompted by Zoom, enter the Meeting ID for the Walk-In clinics: 458-270-804. If you get a busy signal, call another Zoom number, listed below, until you get through and are prompted for the meeting ID.\*

**By Computer:** To join by computer during our clinic hours go to:  
[zoom.us/j/458270804](https://zoom.us/j/458270804)

Open Zoom on the dropdown list, and press “Join a Meeting.”  
Please turn your computer camera to “On.”

**Contact:** Heather Martens

**Phone:** 612-870-0565 x 105

**Email:** [hmartens@walkin.org](mailto:hmartens@walkin.org)

**Company Website:** <https://walkin.org>

Silver

### Dr. Susan McPherson, PhD, ABPP, LP

Dr. Susan McPherson, PhD, ABPP, LP is board certified in clinical neuropsychology. Dr. McPherson conducts neuropsychological evaluations for adults, has a subspecialty in geriatrics and is certified to provide examination for the FAA.

**Contact:** Susan McPherson PhD ABPP LP LLC  
Board Certified in Clinical Neuropsychology  
Adult and Geriatric, FAA examinations

**Mailing Address:** 3209 West 76th Street, #207, Edina, MN 55435

**Phone:** 952-746-4014

**Fax:** 952-746-4015

Dr. McPherson accepts: Medicare, BCBSMN, HealthPartners, Medica, UBH, UCare, and Medical Assistance.

## CONFERENCE COMMITTEE

- Jordan Robinson, Ph.D., LP  
(Conference Chair, MPA President)
- Heidi Bausch, Psy.D.
- Karin Fisher, Ph.D., LP
- Steve Gilbert, Ph.D., LP, ABPP
- Susan T. Rydell, Ph.D., LP
- Matthew Syzdek, Ph.D., LP, M.B.A.



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## EXHIBITORS

### Associated Clinic of Psychology (ACP)

Founded in 1980, ACP has become the provider of choice specializing in the prevention, diagnosis, and treatment of behavioral health issues, affecting both adults, children, and adolescents living in the Twin Cities Metro. Today, we have over 200 clinicians providing services in our clinics and in the community in nursing homes, group homes, long-term care facilities, schools, and homes.

At the Associated Clinic of Psychology (ACP), our philosophy of care focuses on achieving the best outcome through individual therapy, DBT Therapy, group counseling, psychological testing, couples and marriage therapy, medication management, psychiatry, Medication Assisted Treatment (MAT), and more. We believe it's important to partner with individuals to address any issues affecting their wellbeing, so they feel empowered and equipped to take on each new day!

**Contact:** Samantha LeMieur

**Company Email:** [slemieur@acp-mn.com](mailto:slemieur@acp-mn.com)

### BreezyBilling

BreezyBilling by BreezyNotes EHR helps practices of all sizes submit claims, process payments and manage accounts receivable. We offer contracting and credentialing, too. Whether you're a well-established group or starting a solo practice, we help make the "numbers" side of running a practice as simple as possible.

**Contact:** Paul Jonas

**Email:** [info@breezynotes.com](mailto:info@breezynotes.com)

### Lorenz Clinic

Lorenz Clinic is a multi-disciplinary mental health clinic serving the unique mental health needs of children, adults, families, couples, and groups. In order to reduce fragmented mental health care, the clinics offer multiple mental health services including individual and family psychotherapy, psychiatric medication management, early childhood day treatment, and in-home individual and family therapy.

**Contact:** Matthew Syzdek

**Email:** [msyzdek@lorenzclinic.com](mailto:msyzdek@lorenzclinic.com)

### Minnesota Adult & Teen Challenge

Since 1983, Mn Adult & Teen Challenge has been restoring hope to people struggling with drug and alcohol addiction. In addition to our effective and affordable residential Licensed Treatment, faith-based Long-Term Recovery and convenient Outpatient program, we have extensive prevention and transitional/aftercare services.

**Contact:** Melissa Esperum

**Email:** [melissa.esperum@mntc.org](mailto:melissa.esperum@mntc.org)

### Nystrom and Associates, Ltd.

We operate on the premise that truly effective living involves a balanced integration of all aspects of our lives including emotional, relational, cognitive, physical, and spiritual. When one experiences difficulty in one of these areas confidential and sensitive mental health care can assist in the healing process. We have 30+ locations across MN, WI and IA and telehealth available!

**Contact:** Cara Keinanen

**Email:** [ckeinanen@nystromcounseling.com](mailto:ckeinanen@nystromcounseling.com)

### Sanford Health

Psychologists at Sanford Health are a valued part of our care team and integral in our comprehensive care model. We are looking for candidates who want to be a part of a team that is expanding specialty care programming for the patients and families we serve. Support to practice in collaborative environments with flexible and personalized scheduling.

**Contact:** Patty Absey

**Email:** [Patricia.Absey@sanfordhealth.org](mailto:Patricia.Absey@sanfordhealth.org)





LORENZ CLINIC

## JOIN OUR TEAM

WHAT DISTINGUISHES US

- **Up to 12 weeks paid parental leave**  
*Work & life shouldn't compete*
- **In-house psychiatry with immediate access**  
*An integrated system with levels of care*
- **Intentional Clinician Experience**  
*Burnout time, continuing education, regular consultation, etc.*
- **Psychologist led & managed**  
*Little is more important than colleagues*

[lorenzclinic.com](http://lorenzclinic.com)



## Mn Adult & Teen Challenge

For over 30 years, Minnesota Adult & Teen Challenge has been restoring hope to people struggling with drug, alcohol, and other life-controlling addictions, by addressing their physical, emotional, and spiritual needs. We offer a full range of services including:

- Licensed Outpatient Treatment
- Licensed Residential Treatment (7-90 days)
- Faith-based Recovery Program (12+ months)
- Co-occurring Mental Health
- Transitional Housing and Aftercare support
- Substance Use Prevention (grades 6-12)

To start the process and to set-up a comp assessment, or rule 25  
**Call 612-FREEDOM (373-3366)**  
[www.mntc.org](http://www.mntc.org)

Financial assistance available  
Most insurance accepted



Adult & Teen Challenge  
Minnesota

# Run your practice your way

We can help.



# SANFORD<sup>®</sup>

## HEALTH

# 2021 Virtual Door County Summer Institute

Save the date for

7 Separate 3 Hour Sessions Via Zoom

Fridays, 9:00 am to 12:15 pm; 1:30 pm to 4:45 pm

July 23<sup>rd</sup>, July 30<sup>th</sup>, & August 6<sup>th</sup>, 2021

Russell Barkley, ADHD; Donald Meichenbaum, Effective Psychotherapy;  
Fred Heide, ACT; Francis Lu, Film & Medical Humanities; Rebecca Anderson, Ethics;  
David Katzelnick & Ronald Diamond, Psychopharmacology

Visit: [www.mcw.edu/DCSI](http://www.mcw.edu/DCSI) or call (414) 955-7250 for details



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convenient, quality  
mental healthcare  
that you deserve.**

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Family & Relationship Counseling  
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In-Home Therapy, ARMHS & CTSS

**Call 612-925-6033 to schedule  
or visit [acp-mn.com](http://acp-mn.com)**

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West St. Paul • Apple Valley • Hudson**

# Announcing the Minnesota Psychological Association August - December 2021 CONTINUING EDUCATION PROGRAMS

**First Friday Forum:**  
**August 6, 2021**

Psychological Care for People  
with Diabetes

*Doug Tynan, Ph.D.*

**First Friday Forum :**  
**September 10, 2021**

*Note: This is the second Friday  
of the month*

Talking with Children  
About Race and Other  
Social Identities

*Katie Lingras, Ph.D., LP*

**First Friday Full Day Forum:**  
**October 1, 2021**

Sequence XI:  
Risk Management and  
Vulnerabilities: Yours,  
Mine, and Ours

*Dan Taube, J.D., Ph.D. from The Trust*

**Distinguished Scholar Lecture:**  
**October 2021**

Topic TBA  
Speaker TBA

**First Friday Forum:**  
**November 5, 2021**

Cognitive Behavior Therapy  
for Irritable Bowel Syndrome:  
How Psychologists Can Treat  
Chronic Digestive Disease

*Megan Petrik Ph.D., LP;  
Brooke Palmer, Ph.D., LP*

**Friday Forum Encore:**  
**November 12, 2021**

Resilience in  
Unprecedented Times

*Pat Fraser, Ph.D., LP;  
Richard Douglas, Ph.D.; LP*

**First Friday Forum:**  
**December 3, 2021**

Topic TBA  
*Abby Girard, Psy.D., LMFT*

**Lunch & Learn:**  
**December 8, 2021**

Children - The Forgotten  
Mourners: What Care Providers  
Need to Know

*Marc A. Markell Ph.D., CT;  
Kathryn Markell Ph.D.*



**MINNESOTA**  
Psychological Association



**For more information, visit  
[www.mnpsych.org/calendar-of-events](http://www.mnpsych.org/calendar-of-events)**