

**The Minnesota Psychological Association cosponsors Friday Forums
with Metropolitan State University Psychology Department**

FIRST FRIDAY FORUM

Friday, August 6, 2021

Psychological Care for People with Diabetes

Doug Tynan, Ph.D., ABPP

Program:

9:00 a.m. – 12:00 p.m.

*This session is at the intermediate level and designed for
psychologists and other mental health professions.*

Location:

Registrants will receive a Zoom link to access the webinar online.

Attendees are encouraged to join the webinar five to ten minutes prior to the start.

About the Program:

This program qualifies for 3.0 continuing education credits.

Diabetes is the most prevalent non-communicable disease in the United States, with over 10% of the population diagnosed with Type I & II diabetes. People with diabetes (PWD) are twice as likely to experience depression and anxiety, and those who do have co-morbid mental health conditions typically have worse physical outcome. In addition, all PWD experience some degree of distress regarding diagnosis, treatment regimen and long-term complications. This workshop has been developed by a team of psychologists for their colleagues in private practice to inform you about the basics of diabetes and its care, as well as typical impact on PWD and appropriate psychological care.

Participants will be able to:

1. Describe major challenges of living with diabetes that may be the focus of mental health treatment.
2. Discuss potential roles of mental health professionals in the care of people with diabetes.
3. Use behavior change strategies to support engagement in diabetes prevention and management.
4. Apply general knowledge of diabetes to mental health care of people with diabetes.

About the Presenters:

Doug Tynan, Ph.D., ABPP, is the Coordinator for Mental Health Education for the American Diabetes Association. He received his Ph.D., ABPP, in Psychology from SUNY at Binghamton. Prior to that, he was Director of Integrated Health Care for the American Psychological Association. As a staff psychologist at Al duPont Hospital for Children and Children's National Medical Center in Washington he developed integrated health and mental health in both primary care and diabetes clinics. He has served on State of Delaware and federal HHS advisory boards on health care reform, and early childhood programs, with a focus on coordinating health, mental health and educational services. He is a Professor of Pediatrics at Thomas Jefferson University in Philadelphia. He was founding co-editor of Clinical Practice in Pediatric Psychology, has served on the editorial boards of psychology, pediatric and public health journals.

The speaker has indicated no conflicts of interest.

PLEASE NOTE: *You must attend the full 3-hour program to get continuing education credit for the event.*

About First Friday Forums:

The Minnesota Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The Minnesota Psychological Association maintains responsibility for this program and its content.

CONFIRMATION/CANCELLATION: Registrations are confirmed by receipt of forms on a first-come, first-served basis. You will receive an emailed confirmation of your registration. You will be notified by mail, e-mail or telephone if your selection is filled or cancelled.

REFUND POLICY: A 100% refund will be made if the event is cancelled. Refunds, less a \$5 handling fee, will be given if a written cancellation is received at least two working days before the scheduled program begins. Transfer of fee to another program is granted if written cancellation notice is received at least one day before the program. No refund or transfer is given the day of the program.



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Institution/Agency: _____

Address: _____

City/State/Zip _____ Please check: ☐ Home ☐ Work

E-mail: _____

Phone: _____ Please check: ☐ Home ☐ Work Fax: _____

Registration is available until the event begins. Fee: ☐ MPA member: **\$60** ☐ Non-member: **\$95** ☐ Student: **\$15**

Total Amount Enclosed: \$ _____

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