

# The Minnesota Psychological Association cosponsors Friday Forums with Metropolitan State University Psychology Department

## FIRST FRIDAY FORUM

Friday, September 4, 2020

### Update on Adult Psychiatric Medications: What Therapists Need to Know

Nick Allen, M.D.

**Program:**

9:00 a.m. – 12:00 p.m.

*Introductory: Assumes post-doctoral education  
status and limited familiarity with topic.*

**Location:**

Registrants will receive a Zoom link to access the webinar online.

Attendees are encouraged to join the webinar five to ten minutes prior to the start.

### About the Program:

*This program qualifies for 3.0 continuing education credits.*

This lecture will be organized around the different classes of psychiatric medications (antidepressants, antipsychotics, mood stabilizers, anxiolytics, etc.). We will review evidence based indications for these medicines and common side effects. We will also discuss mechanisms of action, newer classes of medications (for addiction, dementia), and special considerations (pregnancy and pharmacogenomic testing). Questions are encouraged to foster an open discussion about how psychiatrists and psychologists can collaborate with one another towards optimal recovery for their patients.

**Participants will be able to:**

1. Define pharmacologic classes of medications
2. List evidence based indications for each class of medications
3. Recognize side effects for each class of medications

### About the Presenters:

**Nick Allen, M.D.**, attended the University of Kansas, where he earned his chemical engineering degree and doctorate of medicine. He completed his psychiatry residency and consultation-liaison fellowship at Mayo Clinic, where he now works as a hospitalist on medical-psychiatry services. He is passionate about learning and teaching in interdisciplinary settings.

**PLEASE NOTE:** *You must attend the full 3-hour program to get continuing education credit for the event.*

### About First Friday Forums:

The Minnesota Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The Minnesota Psychological Association maintains responsibility for this program and its content.

**CONFIRMATION/CANCELLATION:** You will receive an emailed confirmation of your registration. You will be notified by mail, e-mail or telephone if your selection is filled or cancelled.

**REFUND POLICY:** A 100% refund will be made if the event is cancelled. Refunds, less a \$5 handling fee, will be given if a written cancellation is received at least two working days before the scheduled program begins. No refund or transfer is given the day of the program.

## MPA First Friday Forum • September 4, 2020

Name: \_\_\_\_\_ Degree: \_\_\_\_\_ Licensure: \_\_\_\_\_

Institution/Agency: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip \_\_\_\_\_ Please check: ☐ Home ☐ Work

E-mail: \_\_\_\_\_

Phone: \_\_\_\_\_ Please check: ☐ Home ☐ Work Fax: \_\_\_\_\_

**Registration is available until the event begins.** Fee: ☐ MPA member: **\$45** ☐ Non-member: **\$65** ☐ Student: **\$15**

Total Amount Enclosed: \$ \_\_\_\_\_

☐ Check (made payable to MPA) ☐ Visa ☐ MC ☐ American Express

All credit card fields are required

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Please do not email credit card information. Fax or mail your registration form to protect this information.

**or Register online @ [www.mnpsych.org](http://www.mnpsych.org)**

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