

The Minnesota Psychological Association cosponsors Friday Forums with Metropolitan State University Psychology Department

FIRST FRIDAY FORUM

Friday, March 6, 2020

When Rebellion Becomes a Revolution: Empowering Parents of Oppositional Teens

Sam Marzouk, Ph.D., LP

Registration: 8:30 – 9:00 a.m.

This session is at the introductory level and is designed for psychologists and other mental health professionals.

Location:

Metropolitan State University – St. Paul Campus Auditorium
700 East Seventh St., St. Paul, MN 55106

Program: 9:00 a.m. – 12:00 p.m.

About the Program:

This program qualifies for 3.0 continuing education credits.

A small number of clinicians receive extensive training in parent behavioral training for younger children, and an even smaller number of clinicians are trained in how to adapt a parent management training protocol when working with parents of oppositional adolescents. The aim of this presentation is to provide clinicians with an evidence-based system of empowering such parents with behavioral management skills, thereby reducing externalizing behavior and improving overall adolescent functioning. The presentation will be broken down into three phases. First, Dr. Marzouk will discuss how to differentiate typical adolescent defiance and rebellion versus clinically significant oppositional behavior. He will then share his thoughts on how to gain parental buy in, as many parents of oppositional teens present to therapy with a significant, and understandable sense of hopelessness. Finally, he will spend the majority of time discussing specific parent behavioral strategies for oppositional teens and best practices for teaching such strategies to parents.

Participants will be able to:

1. Apply principles of parent management training to help decrease oppositional and defiant behavior in adolescents.
2. Recognize the difference between developmentally appropriate defiance and clinically significant defiance during adolescence.
3. Describe the research supporting the use of contingency-management and other behavioral strategies in working with oppositional adolescents.

Please note: You must attend the full 3-hour program to get continuing education credit for the event.

About First Friday Forums:

The Minnesota Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The Minnesota Psychological Association maintains responsibility for this program and its content.

EARLY BIRD SPECIAL FEES: Register up to two weeks before the event, and receive a discount rate: Members = \$45, Non-members = \$65, Students = \$15. Registration fee includes refreshments, program materials, and CE certificate.

REGULAR REGISTRATION: Registrations received 2 weeks or less prior to the start of any Friday Forum will increase to: Members = \$55, Non-members = \$75, Students = \$25.

CONFIRMATION/CANCELLATION: Registrations are confirmed by receipt of forms on a first-come, first-served basis. You will receive an emailed confirmation of your registration. You will be notified by mail, e-mail or telephone if your selection is filled or cancelled.

ACCESSIBILITY ACCOMMODATIONS: If you need disability related accommodations, including parking, to make this event accessible, please contact the Metropolitan State University Center for Accessibility Resources, 651-793-1549, or Accessibility.Resources@metrostate.edu.



REFUND POLICY: A 100% refund will be made if the event is cancelled. Refunds, less a \$5 handling fee, will be given if a written cancellation is received at least two working days before the scheduled program begins. Transfer of fee to another program is granted if written cancellation notice is received at least one day before the program. No refund or transfer is given the day of the program.

WEATHER-RELATED CANCELLATION POLICY: On rare occasions, classes and events may be cancelled due to severe weather or other conditions. The decision to cancel events is made as early in the day as possible. If events are cancelled, an announcement is posted on the Metropolitan State Web site, www.metrostate.edu. Announcements are made on several radio stations including the following AM stations: WCCO-830, KSTP-1500, KRSI-950, KFAN-1130, KDWB 630, WWTC-1280 and the following FM stations: KQRS-92.5, KS95-94.5, KNOW-91.1. Attendees may also call the MPA office at 952-928-4657.

MPA First Friday Forum • March 6, 2020

Name: _____ Degree: _____ Licensure: _____

Institution/Agency: _____

Address: _____

City/State/Zip _____ Please check: Home Work

E-mail: _____

Phone: _____ Please check: Home Work Fax: _____

If you register **by** February 28, select the **Early Bird Registration** Fee: MPA member: **\$45** Non-member: **\$65** Student: **\$15**

If you register **after** February 28, select the **Regular Registration** Fee: MPA member: **\$55** Non-member: **\$75** Student: **\$25**

Total Amount Enclosed: \$ _____

Check (made payable to MPA) Visa MC American Express

All credit card fields are required

Card Number: _____ Exp. date: _____ Security Code: _____

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Credit card billing address: Same as above

Address: _____

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Please do not email credit card information. Fax or mail your registration form to protect this information.

or Register online @ www.mnpsych.org

Return To:
Minnesota Psychological Association
 4248 Park Glen Road
 Minneapolis, MN 55416
 P: 952-928-4657 • F: 952-929-1318



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LOCATION: Metropolitan State University – St. Paul Campus Auditorium

Directions

From west: I-94 to the Mounds Boulevard (left lane) exit, straight ahead on Sixth Street one block to Maria Avenue; turn left on Maria Avenue; parking lot is on the right.

From east: I-94 to the Mounds Boulevard exit; turn right at Sixth Street to Maria Avenue; turn left on Maria Avenue; parking lot is on the right.

Bus

Bus Route: 61, 69 (Minneapolis and St. Paul); 63 (St. Paul)
 These buses may have any terminal letter.

Parking

St. Paul Campus-Parking is available in a lot on Maria Avenue, directly across from the campus. The parking fee at the St. Paul Campus is \$5/day.

Handicapped-accessible parking

Contact the Metropolitan State University Center for Accessibility Resources, 651-793-1549, or Accessibility.Resources@metrostate.edu.

