

**The Minnesota Psychological Association cosponsors Friday Forums
with Metropolitan State University Psychology Department**

FIRST FRIDAY FORUM

Friday, December 4, 2020

Navigating Gender Dysphoria and Gender Diversity in a Therapeutic Setting: An Introduction

Tera Jansen, Psy.D., LP, CST

Program:

9:00 a.m. – 12:00 p.m.

*This session is at the intermediate level and is designed
for psychologists and other mental health professionals.*

Location:

Registrants will receive a Zoom link to access the webinar online.

Attendees are encouraged to join the webinar five to ten minutes prior to the start.

About the Program:

This program qualifies for 3.0 continuing education credits.

This is an application based presentation and is meant to enhance skills in navigating conversations regarding gender diversity and gender dysphoria in a therapeutic setting. This presentation includes a discussion of gender diversity across the lifespan, language and terminology clarification, discussion of relevant research, the distinct importance of developmental stages in gender identity, and treatment considerations.

Participants will be able to:

1. Explain the rationale for accurately utilizing evolving language and terminology associated with gender diversity.
2. Describe the impact of developmental levels on therapeutic considerations when working with gender diverse populations.
3. Recognize the potential impact of cisgender privilege and related biases in clinical thinking when working with gender diverse clients.

About the Presenters:

Tera Jansen, Psy.D., LP, CST is the Clinical Director at Natalis Counseling & Psychology Solutions in White Bear Lake, as well as the Sexual Health & Gender Program Director. She has completed a postdoctoral fellowship at the Program in Human Sexuality at the University of Minnesota and is an AASECT certified sex therapist. Dr. Jansen received her Psy.D. in Counseling Psychology from the University of St. Thomas in Minneapolis, Minnesota. In addition to providing clinical services across a wide variety of sexual health and gender concerns, Dr. Jansen has served as adjunct faculty at the University of Minnesota and the University of St. Thomas, where she has taught graduate courses in sexual health and gender.

The speaker has indicated no conflicts of interest.

PLEASE NOTE: *You must attend the full program to get continuing education credit for the event.*

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About First Friday Forums:

The Minnesota Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The Minnesota Psychological Association maintains responsibility for this program and its content.

CONFIRMATION/CANCELLATION: You will receive an emailed confirmation of your registration. You will be notified by mail, e-mail or telephone if your selection is filled or cancelled.

REFUND POLICY: A 100% refund will be made if the event is cancelled. Refunds, less a \$5 handling fee, will be given if a written cancellation is received at least two working days before the scheduled program begins. No refund or transfer is given the day of the program.



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