

# The Minnesota Psychological Association cosponsors Friday Forums with Metropolitan State University Psychology Department

## FIRST FRIDAY FORUM

Friday, August 7, 2020

### Caring for the Human Spirit: A Cooperative Approach to Whole-Person Care

Adam James, D.Min.; Anna Kendig, M.Div., BCC

**Registration:**

8:30 – 9:00 a.m.

**Program:**

9:00 a.m. – 12:00 p.m.

*Introductory: Assumes post-doctoral  
education status and limited familiarity  
with topic.*

**Location:**

Due to covid-19, this First Friday Forum cannot take place on campus. Registrants will receive a Zoom link.

### About the Program:

*This program qualifies for 3.0 continuing education credits.*

The definition of psyche in the Greek is not just the “mind,” but also the soul or spirit. Evidence shows that care for the human spirit, or “spiritual care,” has been shown to enhance compliance and a patient’s integration of therapeutic programming and skills. Evidence for this link will be shared, as well as research around best practices toward a team or cooperative approach to care. This session will aid a care provider in what they can contribute to a client or patient as a “generalist” in the spiritual care and mental health arena, while also looking to qualified specialists in the area of spiritual care to address particular needs and concerns. Key dynamics such as spiritual transference and countertransference, along with ethical principles, will highlight care offered within the spiritual dimensions of practice, attention, meaning and values. The presenters will use research to build on their combined 12 years of spiritual care in inpatient, outpatient, and residential settings within MHealth Fairview to describe methods for responding to spirituality throughout a patient’s healing.

**Participants will be able to:**

1. Describe the research behind using a whole-person model for patient coping, satisfaction, and recovery
2. Articulate how the entire team can provide integrated generalist/brief spiritual care
3. Explain ways that staff countertransference can inhibit the benefits of spiritual support
4. Identify ethical issues in integrated spiritual care

### About the Presenters:

**Rev. Adam James, D.Min.**, is a Mental Health Chaplain at the University of Minnesota Medical Center in Pediatric Behavioral Health working for over five years primarily with adolescents suffering from co-occurring mental health and chemical dependency issues. Dr. James facilitates orientation and trainings for incoming students and staff on an ongoing basis with a focus on addressing spirituality in a patient’s mental health. He recently finished a Doctorate of Ministry, Mental Health Chaplaincy, at the Claremont School of Theology, in which he wrote a case study project to articulate the uniqueness of spiritual care in pediatric mental health settings.

**Anna Kendig, M.Div., BCC**, is a board-certified chaplain in the area of adult mental health and addiction who received the Masters of Divinity from the McCormick Theological Seminary, Chicago, IL. She is currently Lead Chaplain, Adult Behavioral Health, at the University of Minnesota Medical Center, Fairview, Minneapolis. An ordained Presbyterian (PC(USA) pastor and current moderator of the Presbytery of the Twin Cities Area, she works to bridge the divide between “old school” models of spiritual care focused around prayer and personal comfort, and “new school” models focused around personal agency, practice, justice and community aspiration. She focuses on education, competence and curiosity as models for change in both healthcare and the wider community.

**PLEASE NOTE:** You must attend the full 3-hour program to get continuing education credit for the event.

### About First Friday Forums:

The Minnesota Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The Minnesota Psychological Association maintains responsibility for this program and its content.

**CONFIRMATION/CANCELLATION:** Registrations are confirmed by receipt of forms on a first-come, first-served basis. You will receive an emailed confirmation of your registration. You will be notified by mail, e-mail or telephone if your selection is filled or cancelled.

**REFUND POLICY:** A 100% refund will be made if the event is cancelled. Refunds, less a \$5 handling fee, will be given if a written cancellation is received at least two working days before the scheduled program begins. Transfer of fee to another program is granted if written cancellation notice is received at least one day before the program. No refund or transfer is given the day of the program.



# MPA First Friday Forum • August 7, 2020

Name: \_\_\_\_\_ Degree: \_\_\_\_\_ Licensure: \_\_\_\_\_

Institution/Agency: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip \_\_\_\_\_ Please check: ☐ Home ☐ Work

E-mail: \_\_\_\_\_

Phone: \_\_\_\_\_ Please check: ☐ Home ☐ Work Fax: \_\_\_\_\_

**Registration is available until the event begins.** Fee: ☐ MPA member: **\$45** ☐ Non-member: **\$65** ☐ Student: **\$15**

Total Amount Enclosed: \$ \_\_\_\_\_

☐ Check (made payable to MPA) ☐ Visa ☐ MC ☐ American Express

All credit card fields are required

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Please do not email credit card information. Fax or mail your registration form to protect this information.

**or Register online @ [www.mnpsych.org](http://www.mnpsych.org)**

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