The Minnesota Psychological Association cosponsors Friday Forums with Metropolitan State University Psychology Department

# FRIDAY FORUM ENCORE

# Friday, November 8, 2019

**Different Faces of Racism** 

Richard M Lee, Ph.D.; Stephanie Pituc, Ph.D., LP

**Registration:** 8:30 – 9:00 a.m.

**Program:** 9:00 a.m. – 12:00 p.m. This session is at the introductory level and is designed for psychologists and other mental health professionals.

#### Location:

Metropolitan State University – Midway Campus, Lower Level, Room P, 1450 Energy Park Dr., St. Paul, MN 55108

#### **About the Program:**

This program qualifies for 3.0 continuing education credits.

Blatant racism is easy to recognize by most people, but what about more subtle forms of racism and discrimination? In this presentation, Drs. Lee and Pituc will describe different forms of racism and discrimination with a specific focus on its impact on Asian American and Latinx populations. Relevant theory and research on racism and discrimination will be reviewed to ground the second half of the program's focus on case studies and clinical examples. The program will invite participants to engage in self-reflection and small group discussion to examine how they can increase their agency's ability to facilitate change and their multicultural competence in clinical scenarios involving racism and discrimination.

#### Participants will be better able to:

- 1. Describe different forms of racism and discrimination
- 2. Identify how racism and discrimination varies by racial groups
- 3. Apply understanding of racism and discrimination to clinical practice, including how to intervene in at least two scenarios

#### **About the Presenters:**

**Richard M Lee, Ph.D.,** Virginia Commonwealth University (Counseling Psychology, 1996), Distinguished McKnight University Professor, Department of Psychology, University of Minnesota-Twin Cities. Research expertise in psychological study of ethnicity, race, and culture in immigrant and racial minority populations with specific interest in Asian immigrant, adopted, and US-born subgroups.

**Stephanie Pituc, Ph.D., LP,** University of Minnesota (Counseling Psychology, 2013), Licensed Psychologist-North Memorial Health; Training Director-North Memorial Health & University of St. Thomas Doctoral Internship Program; Adjunct Faculty, Department of Psychology, University of Minnesota-Twin Cities. Research, clinical, and training experience related to racial identity, racism/discrimination, and multicultural psychology.

Please note: You must attend the full 3-hour program to get continuing education credit for the event.

#### About Friday Forum Encores:

The Minnesota Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The Minnesota Psychological Association maintains responsibility for this program and its content.

**EARLY BIRD SPECIAL FEES:** *Register up to two weeks before the event,* and receive a discount rate: Members = \$45, Non-members = \$65, Students = \$15. Registration fee includes refreshments, program materials, and CE certificate.

**REGULAR REGISTRATION:** Registrations received one week or less prior to the start of any Friday Forum will increase to: Members = \$55, Non-members = \$75, Students = \$25.

**CONFIRMATION/CANCELLATION:** Registrations are confirmed by receipt of forms on a first-come, first-served basis. You will receive an emailed confirmation of your registration. You will be notified by mail, e-mail or telephone if your selection is filled or cancelled.

ACCESSIBILITY ACCOMMODATIONS: If you need disability related accommodations, including parking, to make this event accessible, please contact the Metropolitan State University Center for Accessibility Resources, 651-793-1549, or Accessibility.Resources@metrostate.edu.



**REFUND POLICY:** A 100% refund will be made if the event is cancelled. Refunds, less a \$5 handling fee, will be given if a written cancellation is received at least two working days before the scheduled program begins. Transfer of fee to another program is granted if written cancellation notice is received at least one day before the program. No refund or transfer is given the day of the program.

WEATHER-RELATED CANCELLATION POLICY: On rare occasions, classes and events may be cancelled due to severe weather or other conditions. The decision to cancel events is made as early in the day as possible. If events are cancelled, an announcement is posted on the Metropolitan State Web site, www.metrostate.edu. Announcements are made on several radio stations including the following AM stations: WCCO-830, KSTP-1500, KRSI-950, KFAN-1130, KDWB 630, WWTC-1280 and the following FM stations: KQRS-92.5, KS95-94.5, KNOW-91.1. Attendees may also call the MPA office at 952-928-4657.

### **MPA Friday Forum Encore · November 8, 2019**

Name:	Degree:		Licensure:
	Please check: 🖵 Home 🖵 Work		
E-mail:			
Phone:	Please check: 🖵 Home 🖵 Wo	ork Fax:	
If you register by November 1, sele	ct the <b>Early Bird Registration</b> Fee: 🖵 I	MPA membe	r: <b>\$45 </b> Non-member: <b>\$65</b> 🗖 Student: <b>\$15</b>
If you register <i>after</i> November 1, se	elect the Regular Registration Fee: $lacksquare$ (	MPA membe	r: <b>\$55 </b> Non-member: <b>\$75</b> 🗖 Student: <b>\$25</b>
Total Amount Enclosed: \$			
Check (made payable to MPA) All credit card fields are required	🕽 Visa 🗖 MC 🗖 American Express		
Card Number:	Exp. dat	e:	Security Code:
Cardholder Name (print):			
Credit card billing address: 🖵 Sam	e as above		
Address:			
Please do not email credit card information	n. Fax or mail your registration form to protect	this informatio	n.

## or Register online @ www.mnpsych.org

Return To: Minnesota Psychological Association 4248 Park Glen Road Minneapolis, MN 55416 P: 952-928-4657 • F: 952-929-1318



The Minnesota Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The Minnesota Psychological Association maintains responsibility for this program and its content.



#### LOCATION: Metro State Midway Campus, Room P

**Directions:** I-94 to Snelling Avenue exit, north on Snelling to Energy Park Drive exit; turn left at stop sign and follow road as it curves around to the Energy Technology Center parking lot. Enter building through east entrance.

Bus Route: 3B (Minneapolis, St. Paul)

