

The Minnesota Psychological Association cosponsors Distinguished Scholar Lectures with Macalester College's Psychology Department

DISTINGUISHED SCHOLAR LECTURE

Wednesday, October 30, 2019

The Citizen Therapist in a Polarized World

William J. Doherty, Ph.D.

Registration: 5:00 – 5:30 p.m.

Program: 5:30 – 7:00 p.m.

This session is at the intermediate level and is designed for psychologists, other mental health professionals, students and faculty.

Location:

Macalester College – John B Davis lecture Hall
(in the Ruth Stricker Dayton Campus Center)
3 Snelling Avenue South, St. Paul, MN 55105

About the Program:

This program qualifies for 1.5 continuing education credits.

In the toxic polarization of our society, most of us try to stay focused on our traditional work of personal healing, trying to steer clear of the struggles in our wider culture. But if “winter is coming” in a troubled world, a more proactive alternative is to expand our conception of psychotherapy to include building capacity for people to live in a pluralistic democracy. How can we enhance our impact on a Game of Thrones world where red teams battle blue teams, in which democracy is in retreat, and climate change threatens us all? We will explore a larger vision for our role as therapists and will discover how to:

- Identify the connection between your current clinical work and democratic renewal.
- Develop skills in bridging gaps between groups who see themselves as opposing the political “other.”
- Practice depolarization skills in your own life and work.
- Connect with organizations and initiatives where you can use your knowledge and skills for the public good.

Participants will be able to:

1. Identify how your current clinical work can enhance democratic renewal, thereby improving client functioning in the community.
2. Develop skills in bridging gaps between groups who see themselves as the political “other.”
3. Describe how to apply depolarization skills in your own work with clients and within the community.

Please note: Participants must attend full session to receive Continuing Education credit.

About Distinguished Scholar Lectures:

The Minnesota Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The Minnesota Psychological Association maintains responsibility for this program and its content.

FEES: Admission is free to all members of the community; a small fee will be assessed for those who wish to receive a continuing education certificate (\$20 for professionals or \$5 for full-time students).

CONFIRMATION/CANCELLATION: Registrations are confirmed by receipt of forms on a first-come, first-served basis. You will receive an emailed confirmation of your registration. You will be notified by mail, e-mail or telephone if your selection is filled or cancelled.

REFUND POLICY: A 100% refund will be made if the event is cancelled. Refunds, less a \$5 handling fee, will be given if a written cancellation is received at least two working days before the scheduled program begins. Transfer of fee to another program is granted if written cancellation notice is received at least one day before the program. No refund or transfer is given the day of the program.



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Select Registration Fee: FREE Professional seeking CE certificate \$20 Student seeking CE Certificate \$5

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ENDORSED BY THE
Minnesota Psychological Association

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