The Minnesota Psychological Association cosponsors Distinguished Scholar Lectures with Macalester College's Psychology Department

DISTINGUISHED SCHOLAR LECTURE

Wednesday, October 30, 2019

The Citizen Therapist in a Polarized World

William J. Doherty, Ph.D.

Registration: 5:00 - 5:30 p.m.

Program: 5:30 – 7:00 p.m.

This session is at the intermediate level and is designed for psychologists, other mental health professionals, students and faculty.

Location:

Macalester College – John B Davis lecture Hall (in the Ruth Stricker Dayton Campus Center) 3 Snelling Avenue South, St. Paul, MN 55105

About the Program:

This program qualifies for 1.5 continuing education credits.

In the toxic polarization of our society, most of us try to stay focused on our traditional work of personal healing, trying to steer clear of the struggles in our wider culture. But if "winter is coming" in a troubled world, a more proactive alternative is to expand our conception of psychotherapy to include building capacity for people to live in a pluralistic democracy. How can we enhance our impact on a Game of Thrones world where red teams battle blue teams, in which democracy is in retreat, and climate change threatens us all? We will explore a larger vision for our role as therapists and will discover how to:

- Identify the connection between your current clinical work and democratic renewal.
- Develop skills in bridging gaps between groups who see themselves as opposing the political "other."
- · Practice depolarization skills in your own life and work.
- Connect with organizations and initiatives where you can use your knowledge and skills for the public good.

Participants will be able to:

- Identify how your current clinical work can enhance democratic renewal, thereby improving client functioning in the community.
- 2. Develop skills in bridging gaps between groups who see themselves as the political "other."
- Describe how to apply depolarization skills in your own work with clients and within the community.

About the Presenter:

William J. Doherty, Ph.D., is an educator, researcher, therapist, speaker, author, consultant, and community organizer. He is Professor and Director of the Marriage and Family Therapy Program in the Department of Family Social Science, College of Education and Human Development, at the University of Minnesota, where he is also an adjunct Professor in the Department of Family Medicine and Community Health. Bill is a licensed marriage and family therapist, psychologist, and Clinical Member, Fellow and Approved Supervisor for the American Association for Marriage and Family Therapy. He received his Ph.D. in family studies from the University of Connecticut in 1978 and has served on the faculty of the Department of Family Medicine at the University of lowa and the University of Oklahoma before coming to the University of Minnesota in 1986.

Bill is past president of the National Council on Family Relations, the nation's oldest interdisciplinary family studies organization. His awards include the Significant Contribution to the Field of Marriage and Family Therapy Award, the Margaret E. Arcus Award for Outstanding Contribution to Family Life Education, and the Outstanding Community Service Award from the University of Minnesota

Please note: Participants must attend full session to receive Continuing Education credit.

About Distinguished Scholar Lectures:

The Minnesota Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The Minnesota Psychological Association maintains responsibility for this program and its content.

FEES: Admission is free to all members of the community; a small fee will be assessed for those who wish to receive a continuing education certificate (\$20 for professionals or \$5 for full-time students).

CONFIRMATION/CANCELLATION: Registrations are confirmed by receipt of forms on a first-come, first-served basis. You will receive an emailed confirmation of your registration. You will be notified by mail, e-mail or telephone if your selection is filled or cancelled.

REFUND POLICY: A 100% refund will be made if the event is cancelled. Refunds, less a \$5 handling fee, will be given if a written cancellation is received at least two working days before the scheduled program begins. Transfer of fee to another program is granted if written cancellation notice is received at least one day before the program. No refund or transfer is given the day of the program.



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