



FIRST FRIDAY FORUM | OCTOBER 4, 2024 | 3 CE CREDITS

**APPLYING PERSONALITY
INFORMED (PI) ASSESSMENT
AND TREATMENT STRATEGIES
TO CLINICAL PRACTICE**

SPEAKER: BRADLEY NEVINS, PH.D., ABPP

www.mnpsych.org/calendar-of-events

Virtual

This program qualifies for 3.0 continuing education credits

Level: Introductory: Assumes post-doctoral education status and limited familiarity with topic.

Audience: Designed for psychologists and other mental health professionals.

Location: Registrants will receive a Zoom link to access the session online.

This session will be recorded for future use in our online MPA CE21 catalog.

About the Program:

Personality factors are all too often overlooked or ignored by those providing mental health care today. This is despite consistent evidence that problematic personality traits are associated with psychopathology, and are a crucial, prospective, risk factor for ill-health and all-cause mortality. In his recently published book, "Applying Personality Informed Treatment Strategies to Clinical Practice: A Theoretical and Practical Guide", author Dr. Bradley G. Nevins contends personality is not just something that should be addressed if the person has a diagnosable personality disorder. Rather, personality functioning needs to be factored into any thoughtful and comprehensive psychotherapeutic undertaking. The book introduces an innovative new strategy to clinical practice, Personality Informed (PI) therapy, which was developed to serve as a useful supplementary tool for virtually any therapeutic model. The program will introduce attendees to a new perspective on personality functioning as it pertains to maladaptive as well as adaptive thoughts, moods, and behavior. Personality change is addressed as a skill and strength building process. The program will introduce attendees how to utilize the Personality Wheel, which was designed as a diagrammatic categorical, as well as a dimensional schematization tool for conceptualizing and operationalizing personality traits.

This program qualifies for 3.0 continuing education credits. Attendees must attend the entire session to gain credit. Registration fee includes access to live webinar, program agenda, program PowerPoint, and continuing education certificate.

The speaker has indicated no conflicts of interest to report.

Participants will be able to:

1. Apply useful, quick and easy assessment tools for conceptualizing the type of maladaptive personality patterns your client may be struggling with.
2. Apply methods to help clients develop healthier and more adaptive personality patterns, styles and traits.

About the Presenter:

Bradley Nevins, Ph.D., ABPP received his Ph.D. in Clinical Psychology from the California School of Professional Psychology and is ABPP Board Certified in Clinical Psychology. He has been a practicing clinical psychologist providing direct clinical care, supervision, training, and consultation for medical institutions, universities, mental health agencies, and governmental agencies for over 30 years. His primary areas of expertise have been in the treatment of problematic personality traits and disorders, mood disorders, trauma recovery, and dissociative disorders. He has taught courses at the master's and doctoral levels in psychotherapy, psychopathology, and psychological assessment for over 16 years. He is the author of *Applying Personality-Informed Treatment Strategies to Clinical Practice: A Theoretical and Practical Guide* (2021) New York, NY: Routledge.

The Minnesota Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The Minnesota Psychological Association maintains responsibility for this program and its content.

Accessibility Accommodations: If you need disability-related accommodations to make this event accessible, please contact the Metropolitan State University Center for Accessibility Resources, 651-793-1549, or Accessibility.Resources@metrostate.edu.

CONFIRMATION/CANCELLATION: You will receive an emailed confirmation of your registration. You will be notified by mail, e-mail or telephone if your selection is filled or cancelled.

REFUND POLICY: A 100% refund will be made if the event is cancelled. Refunds, less a \$5 handling fee, will be given if a written cancellation is received at least two working days before the scheduled program begins. No refund or transfer is given the day of the program.

Register online @ <https://www.mnpsych.org/calendar-of-events> or complete the form below and fax or mail your registration to protect this information. Please do not email credit card information.

Name:

Degree:

Licensure:

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Address:

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Registration is available until the event begins.

Fee: MPA member: \$60 Non-member: \$95 Student: \$15 Retired-member: \$30 (No CE Credit) *Retired members have the option to pay the regular member rate to receive CE credit or take advantage of the discounted price with no CE.*

Total Amount Enclosed: \$

Check (made payable to MPA) Visa MC American Express *All credit card fields are required*

Card Number:

Exp. Date:

Security Code:

Cardholder Name:

Cardholder Signature:

Credit card billing address: Same as above or write here:

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