

The Minnesota Psychological Association cosponsors Friday Forums with Metropolitan State University Psychology Department

FIRST FRIDAY FORUM

Friday, January 5, 2018

Relational Ethics: Ethical Decision Making for a Diverse Profession

Jean Chagnon, Ph.D., LP; Andrea Zuellig, Ph.D., LP

Registration:

8:30 – 9:00 a.m.

Program:

9:00 a.m. – 12:00 p.m.

This session is at the intermediate level

*and is designed for psychologists and other
mental health professionals.*

Location:

Metropolitan State University – St. Paul Campus Auditorium
700 East Seventh St., St. Paul, MN 55106

About the Program:

This program qualifies for 3.0 continuing education credits.

In an ever more diverse field, psychologists can find themselves grappling with how to apply the principles of the American Psychological Association (APA) Code of Ethics across diverse worldviews and/or new and emerging arenas of practice. For example immigrant communities often understand individual confidentiality differently than how we conceptualize it within our Western, primarily Caucasian worldview. Likewise confidentiality is implemented differently within an integrated care setting than within a stand-alone private practice.

The core principles of Relational Ethics outline an ethical decision making model that supports the application of the APA code across a broad range of clinical, contextual, and demographic variables allowing providers to honor their cultural values, the values of their clients and/or the unique parameters of their practice setting. Moreover, relational ethics invites us to shift our understanding of ethics away from ethical behavior - what we do or don't do - towards ethical presence – how we are with our clients and colleagues.

This presentation will provide an overview of how our prescriptive APA Code of Ethics works collaboratively with Relational Ethics, review the core principles of Relational Ethics, and provide case examples from real ethical dilemmas to demonstrate the application of Relational Ethics.

Participants will be able to:

1. Describe differences between relational ethics and prescriptive ethics
2. Outline the core principles of relational ethics
3. Describe the interconnections between relational ethics and Relational Cultural Theory
4. Apply core principles of relational ethics to practice

Please note: You must attend the full 3-hour program to get continuing education credit for the event.

About the Presenters:

Jean Chagnon, Ph.D., LP, received her Ph.D. in Counseling Psychology from The Ohio State University and has been a licensed psychologist for 25 years. For the first 9 years, Dr. Chagnon was a psychologist and administrator in higher education. Since then she has been in private practice. Her clinical passion is providing mind/body/spirit healing for survivors of childhood abuse. Her book, *The Art of Inner Listening: Medicine for the Soul in the Wake of Abuse*, outlines an integrated, relational model for work with survivors of abuse. Dr. Chagnon serves as the chair of MPA's Ethics Committee, is a guest lecturer for St. Mary's graduate students on ethics, teaches ethics at Rukha Academy, and frequently provides ethical consultations on complicated and nuanced ethical dilemmas.

Andrea Zuellig, Ph.D., LP, received her Ph.D. in Clinical Psychology from Pennsylvania State University, with a minor in Human Diversity. She completed her predoctoral internship at the University of Rochester Medical Center, and her postdoctoral fellowship at the Minneapolis Veterans Affairs Medical Center, with specializations in Health Psychology and in Serious and Persistent Mental Health. Dr. Zuellig has been a licensed psychologist for 14 years, and specializes in the treatment of eating disorders. She currently works at Melrose Center and also provides services for the Eating Disorders/Type 1 Diabetes (EDDM) and the Eating Disorders/Substance Abuse (EDSA) Melrose teams. She enjoys working with a medical team of varying professions with this complex population, and appreciates the many relational-cultural and ethical dilemmas that can inevitably arise. She is a member of Melrose Center's Speaker's Bureau, and provides trainings and educational/professional presentations about eating disorders and their treatment. She also is a member of the MPA Ethics Committee.

About First Friday Forums:

The Minnesota Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The Minnesota Psychological Association maintains responsibility for this program and its content.

EARLY BIRD SPECIAL FEES: Register up to two weeks before the event, and receive a discount rate: Members = \$45, Non-members = \$65, Students = \$15. Registration fee includes refreshments, program materials, and CE certificate.

REGULAR REGISTRATION: Registrations received 2 weeks or less prior to the start of any Friday Forum will increase to: Members = \$55, Non-members = \$75, Students = \$25.

CONFIRMATION/CANCELLATION: Registrations are confirmed by receipt of forms on a first-come, first-served basis. You will receive an emailed confirmation of your registration. You will be notified by mail, e-mail or telephone if your selection is filled or cancelled.

ACCESSIBILITY ACCOMMODATIONS: If you need disability related accommodations, including parking, to make this event accessible, please contact the Metropolitan State University Center for Accessibility Resources, 651-793-1549, or Accessibility.Resources@metrostate.edu.



REFUND POLICY: A 100% refund will be made if the event is cancelled. Refunds, less a \$5 handling fee, will be given if a written cancellation is received at least two working days before the scheduled program begins. Transfer of fee to another program is granted if written cancellation notice is received at least one day before the program. No refund or transfer is given the day of the program.

WEATHER-RELATED CANCELLATION POLICY: On rare occasions, classes and events may be cancelled due to severe weather or other conditions. The decision to cancel events is made as early in the day as possible. If events are cancelled, an announcement is posted on the Metropolitan State Web site, www.metrostate.edu. Announcements are made on several radio stations including the following AM stations: WCCO-830, KSTP-1500, KRST-950, KFAN-1130, KDWB 630, WWTC-1280 and the following FM stations: KQRS-92.5, KS95-94.5, KNOW-91.1. Attendees may also call the MPA office at 952-928-4657.

MPA First Friday Forum • January 5, 2018

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If you register **by** December 22, select the **Early Bird Registration** Fee: ☐ MPA member: **\$45** ☐ Non-member: **\$65** ☐ Student: **\$15**

If you register **after** December 22, select the **Regular Registration** Fee: ☐ MPA member: **\$55** ☐ Non-member: **\$75** ☐ Student: **\$25**

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Return To:

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LOCATION: Metropolitan State St. Paul Campus Auditorium

Directions

From west: I-94 to the Mounds Boulevard (left lane) exit, straight ahead on Sixth Street one block to Maria Avenue; turn left on Maria Avenue; parking lot is on the right.

From east: I-94 to the Mounds Boulevard exit; turn right at Sixth Street to Maria Avenue; turn left on Maria Avenue; parking lot is on the right.

Bus

Bus Route: 61, 69 (Minneapolis and St. Paul); 63 (St. Paul)
These buses may have any terminal letter.

Parking

St. Paul Campus-Parking is available in a lot on Maria Avenue, directly across from the campus. The parking fee at the St. Paul Campus is \$5/day.

Handicapped-accessible parking

Contact the Metropolitan State University Center for Accessibility Resources, 651-793-1549, or Accessibility.Resources@metrostate.edu.

