

The Minnesota Psychological Association cosponsors Friday Forums with Metropolitan State University Psychology Department

FIRST FRIDAY FORUM

Friday, June 2, 2017

Psychologists & Integrative Behavioral Health Care Delivery: Primary Care & Hospital Settings

Mike Sharland, Ph.D., LP, ABPP, Matthew Syzdek, Ph.D., LP and Daniel N. Kessler, Psy.D., LP

Registration: 8:30 – 9:00 a.m.

Program: 9:00 a.m. – 12:00 p.m.

Location: Metropolitan State University

St. Paul Campus Auditorium

700 East Seventh St., St. Paul, MN 55106

About the Program:

This program qualifies for 3.0 continuing education credits.

Three psychologists who have advanced experience in the delivery of Integrated Behavioral Health (IBH) in medical settings are presenting clinical-, empirical- and experience-based advanced level information about Integrative Behavioral Health service in both medical clinics (e.g., Primary Care, Specialty Care) and hospital settings. This forum will focus on frameworks and models, challenges and opportunities in the context of the current health care system. The presenters will also review the roles and opportunities for psychologists to practice IBH in three major delivery systems in Minnesota - Essentia Health (Duluth), Hennepin County Medical Center (Minneapolis) and Allina Health (Across the Twin Cities). These presentations are part of MPA's systematic effort to provide information to psychologists about practice opportunities in different settings across the State.

Participants will be able to:

1. Discuss multiple collaborative roles for Integrated Behavioral Health (IBH) psychologists in medical practices that improve patient outcomes, reduce health care costs.
2. Describe the development of a framework for Integrated Behavioral Health (IBH) evidence-based clinical consultation and care, measurement of clinical and quality outcomes, and leadership roles.
3. Analyze practice models, reimbursement processes, ethical and risk issues associated with Integrated Behavioral Health (IBH).
4. Describe an implementation strategy for transitioning to a health service psychology practice and describe the necessary competencies and skills.

About the Presenters:

Mike Sharland, Ph.D., LP, ABPP, is a board-certified neuropsychologist in the department of Neurology at Essentia Health East. As a neuropsychologist, his primary role is to understand how medical and neurological conditions

affect brain functions. He obtained his doctorate degree in clinical psychology from Saint Louis University. Dr. Sharland then went on to complete a neuropsychology internship at the Memphis VA Medical Center and a 2-year postdoctoral fellowship in adult neuropsychology at the Medical College of Wisconsin. He has been with the Essentia Health department of Neurology since 2010. His primary interests include evaluation of dementia and mild cognitive impairment in older adults

Matthew Syzdek, Ph.D., LP, is a Psychology Manager at Hennepin County Medical Center (HCMC). He manages Primary Care Behavioral Health and Day Treatment. Over the past 2 years, he led an expansion of integrated behavioral health to 11 primary care clinics across the system. He partnered with stakeholders in the organization and payors to make integrated care financially sustainable without sacrificing the principles of integration and collaboration. Dr. Syzdek completed a Ph.D. and masters in clinical psychology at Clark University in Worcester, MA, and a master's in counseling psychology at Boston College in Chestnut Hill, MA. Recently, he completed his MBA in Health Care at the University of St. Thomas. He has authored 10 peer-reviewed publications.

Daniel N. Kessler, Psy.D., LP, is currently Lead Psychologist for Allina Health where he has practiced Integrated Behavioral Health Care in primary care clinics for the past 8 years. Before coming to Minnesota, Dan had a private practice in Virginia where he did both therapy and psychological evaluations. His evaluation work included disability determinations and competency and sanity evaluations as a Virginia Supreme Court certified forensic psychologist. Prior to joining Allina Dan provided expert testimony for Social Security and also did peer review for an insurance company. Dan received his Psy.D. from Florida Institute of Technology in 1995 and is certified in sleep medicine.

The presentations will be moderated by Bruce L. Bobbitt, Ph.D., LP, President-Elect of MPA. The audience will have ample opportunity to ask questions and discuss the issues raised by the three presentations.

Please note: You must attend the full 3-hour program to get continuing education credit for the event.

About First Friday Forums:

The Minnesota Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The Minnesota Psychological Association maintains responsibility for this program and its content.

EARLY BIRD SPECIAL FEES: Register up to two weeks before the event, and receive a discount rate: Members = \$45, Non-members = \$65, Students = \$15. Registration fee includes refreshments, program materials, and CE certificate.

REGULAR REGISTRATION: Registrations received 2 weeks or less prior to the start of any Friday Forum will increase to: Members = \$55, Non-members = \$75, Students = \$25.

CONFIRMATION/CANCELLATION: Registrations are confirmed by receipt of forms on a first-come, first-served basis. You will not receive a written confirmation of your registration. You will be notified by mail, e-mail or telephone only if your selection is filled or cancelled.

ACCESSIBILITY ACCOMMODATIONS: If you need disability related accommodations, including parking, to make this event accessible, please contact the Metropolitan State University Center for Accessibility Resources, 651-793-1549, or Accessibility.Resources@metrostate.edu.



REFUND POLICY: A 100% refund will be made if the event is cancelled. Refunds, less a \$5 handling fee, will be given if a written cancellation is received at least two working days before the scheduled program begins. Transfer of fee to another program is granted if written cancellation notice is received at least one day before the program. No refund or transfer is given the day of the program.

WEATHER-RELATED CANCELLATION POLICY: On rare occasions, classes and events may be cancelled due to severe weather or other conditions. The decision to cancel events is made as early in the day as possible. If events are cancelled, an announcement is posted on the Metropolitan State Web site, www.metrostate.edu. Announcements are made on several radio stations including the following AM stations: WCCO-830, KSTP-1500, KRSI-950, KFAN-1130, KDWB 630, WWTC-1280 and the following FM stations: KQRS-92.5, KS95-94.5, KNOW-91.1. Attendees may also call the MPA office at 952.564.3048.

MPA First Friday Forum • June 2, 2017

Name: _____ Degree: _____ Licensure: _____

Institution/Agency: _____

Address: _____

City/State/Zip _____ Please check: Home Work

E-mail: _____

Phone: _____ Please check: Home Work Fax: _____

If you register **by** May 19, select the **Early Bird Registration** Fee: MPA member: **\$45** Non-member: **\$65** Student: **\$15**

If you register **after** May 19, select the **Regular Registration** Fee: MPA member: **\$55** Non-member: **\$75** Student: **\$25**

Total Amount Enclosed: \$ _____

Check (made payable to MPA) Visa MC American Express

All credit card fields are required

Card Number: _____ Exp. date: _____ Security Code: _____

Cardholder Name (print): _____

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Please do not email credit card information. Fax or mail your registration form to protect this information.

or Register online @ www.mnpsych.org

Return To:

Minnesota Psychological Association

5353 Wayzata Blvd. Suite 350

Minneapolis, MN 55416

P: 952.564.3048 • F: 952.252.8096



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LOCATION: Metropolitan State St. Paul Campus Auditorium

Directions

From west: I-94 to the Mounds Boulevard (left lane) exit, straight ahead on Sixth Street one block to Maria Avenue; turn left on Maria Avenue; parking lot is on the right.

From east: I-94 to the Mounds Boulevard exit; turn right at Sixth Street to Maria Avenue; turn left on Maria Avenue; parking lot is on the right.

Bus

Bus Route: 61, 69 (Minneapolis and St. Paul); 63 (St. Paul)
These buses may have any terminal letter.

Parking

St. Paul Campus-Parking is available in a lot on Maria Avenue, directly across from the campus. The parking fee at the St. Paul Campus is \$5/day.

Handicapped-accessible parking

Contact the Metropolitan State University Center for Accessibility Resources, 651-793-1549, or Accessibility.Resources@metrostate.edu.

