

# The Minnesota Psychological Association cosponsors Friday Forums with the Metropolitan State University Psychology Department

## FIRST FRIDAY FORUM

Friday, December 1, 2017

### Closing a Psychology Practice: Clinical, Ethical, Practical and Personal Dimensions

Janet T. Thomas, Psy.D., LP; Jane S. Brodie, Ph.D.; Michael V. DeSanctis, Ph.D., LP, ABPP, CBSM,  
National Register of Health Psychology Providers; Steven P. Gilbert, Ph.D., LP, ABPP

**Registration:** 8:30 – 9:00 a.m.

**Program:** 9:00 a.m. – 12:00 p.m.

**Location:** Metropolitan State University

St. Paul Campus Auditorium

700 East Seventh St., St. Paul, MN 55106

### About the Program:

*This program qualifies for 3.0 continuing education credits.*

A great deal of consideration typically accompanies a psychologist's decision to open a clinical practice. Similarly, deciding to close a practice demands careful planning to ensure that all dimensions of this significant transition are navigated with appropriate attention to clients' needs, as well as the personal needs and professional responsibilities of the psychologist.

Psychologists may close their practices for various reasons including financial difficulties, other employment opportunities, illness, family responsibilities, and retirement. Psychologists must think through how they will manage their clinical responsibilities, ensure compliance with ethical requirements, and navigate the logistics, all while taking care of themselves throughout the process. Dr. Janet Thomas will provide an overview of these challenges, summarizing psychologists' responsibilities in each of the four categories. Panelists will illuminate these points by sharing their related personal experiences.

Dr. Jane Brodie will reflect on the clinical challenges of closing a practice such as informing clients, effectively managing transference reactions, and therapeutically navigating the transition to the end of treatment. Dr. Michael DeSanctis will discuss the practical and logistical challenges encountered when closing his private practice. He will also share his perspectives on the experience of embarking on new professional and personal paths. And finally, Dr. Steven Gilbert will broaden the discussion to include any psychologist who is anticipating retirement, whether from a private practice or from an employment situation. Dr. Gilbert will address the psychological, relational, and identity dimensions of this transition in a psychologist's life. Participants will have an opportunity to ask questions and offer comments.

#### Participants will be able to:

1. Discuss two clinical issues commonly raised by psychotherapy clients in the wake of a therapist-initiated termination.
2. Identify and apply relevant APA Ethical Standards (2010) to decisions about

closing a psychology practice.

3. List five steps psychologists must take to close a psychology practice.
4. Describe three psychological, emotional, and relational responses psychologists commonly experience as they anticipate closing their practices.

### About the Presenters:

**Janet T. Thomas, Psy.D., LP**, received her doctoral degree in counseling psychology from the University of St. Thomas in 1995. She practices in St. Paul where she provides psychotherapy, ethics consultation, and supervision, as well as consultation with psychologists closing their practices. Her publications include *The Ethics of Supervision and Consultation: Practical Guidance for Mental Health Professionals*, published by APA.

**Jane Brodie, Ph.D.**, obtained her doctoral degree in educational psychology from the University of Minnesota in 1981. She retired from her practice as a psychologist and marriage and family therapist in 2013, after 32 years. Drawing on her psychoanalytic training, Dr. Brodie navigated the numerous clinical challenges of informing clients and helping them to manage the termination of their psychotherapeutic work with her.

**Michael V. DeSanctis, Ph.D., LP, ABPP, CBSM**, received his PhD in Counseling Psychology from Texas Tech University in 1982, minoring in Neuroscience. He now runs a company, Positive Sleep Journeys, PLLC, dedicated to educating the public, organizations and mental health professionals on the subjects of sleep and circadian processes as these impact cognition, behavior, risk profiles and performance. He closed his private practice in 2015.

**Steven Gilbert, Ph.D., LP, ABPP**, received his doctoral degree in counseling psychology from the University of Pennsylvania in 1980. Dr. Gilbert is a Professor and Department Chair of the Counseling Center at Minnesota State University Mankato, where he has worked as a counselor and administrator since 1989. He has served the MPA as President and as Chair of both the Ethics and Membership Committees.

**Please note: You must attend the full 3-hour program to get continuing education credit for the event.**

### About First Friday Forums:

The Minnesota Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The Minnesota Psychological Association maintains responsibility for this program and its content.

**EARLY BIRD SPECIAL FEES:** Register up to two weeks before the event, and receive a discount rate: Members = \$45, Non-members = \$65, Students = \$15. Registration fee includes refreshments, program materials, and CE certificate.

**REGULAR REGISTRATION:** Registrations received 2 weeks or less prior to the start of any Friday Forum will increase to: Members = \$55, Non-members = \$75, Students = \$25.

**CONFIRMATION/CANCELLATION:** Registrations are confirmed by receipt of forms on a first-come, first-served basis. You will not receive a written confirmation of your registration. You will be notified by mail, e-mail or telephone only if your selection is filled or cancelled.

**ACCESSIBILITY ACCOMMODATIONS:** If you need disability related accommodations, including parking, to make this event accessible, please contact the Metropolitan State University Center for Accessibility Resources, 651-793-1549, or [Accessibility.Resources@metrostate.edu](mailto:Accessibility.Resources@metrostate.edu).



**REFUND POLICY:** A 100% refund will be made if the event is cancelled. Refunds, less a \$5 handling fee, will be given if a written cancellation is received at least two working days before the scheduled program begins. Transfer of fee to another program is granted if written cancellation notice is received at least one day before the program. No refund or transfer is given the day of the program.

**WEATHER-RELATED CANCELLATION POLICY:** On rare occasions, classes and events may be cancelled due to severe weather or other conditions. The decision to cancel events is made as early in the day as possible. If events are cancelled, an announcement is posted on the Metropolitan State Web site, [www.metrostate.edu](http://www.metrostate.edu). Announcements are made on several radio stations including the following AM stations: WCCO-830, KSTP-1500, KRSI-950, KFAN-1130, KDWB 630, WWTC-1280 and the following FM stations: KQRS-92.5, KS95-94.5, KNOW-91.1. Attendees may also call the MPA office at 952-928-4657.

# MPA First Friday Forum • December 1, 2017

Name: \_\_\_\_\_ Degree: \_\_\_\_\_ Licensure: \_\_\_\_\_

Institution/Agency: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip \_\_\_\_\_ Please check:  Home  Work

E-mail: \_\_\_\_\_

Phone: \_\_\_\_\_ Please check:  Home  Work Fax: \_\_\_\_\_

If you register **by** November 17, select the **Early Bird Registration** Fee:  MPA member: **\$45**  Non-member: **\$65**  Student: **\$15**

If you register **after** November 17, select the **Regular Registration** Fee:  MPA member: **\$55**  Non-member: **\$75**  Student: **\$25**

Total Amount Enclosed: \$ \_\_\_\_\_

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Please do not email credit card information. Fax or mail your registration form to protect this information.

or Register online @ [www.mnpsych.org](http://www.mnpsych.org)

## Return To:

### Minnesota Psychological Association

4248 Park Glen Road

Minneapolis, MN 55416

P: 952-928-4657 • F: 952-929-1318



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## LOCATION: Metropolitan State St. Paul Campus Auditorium

### Directions

**From west:** I-94 to the Mounds Boulevard (left lane) exit, straight ahead on Sixth Street one block to Maria Avenue; turn left on Maria Avenue; parking ramp is on the right.

**From east:** I-94 to the Mounds Boulevard exit; turn right at Sixth Street to Maria Avenue; turn left on Maria Avenue; parking ramp is on the right.

### Bus

**Bus Route:** 61, 69 (Minneapolis and St. Paul); 63 (St. Paul)  
These buses may have any terminal letter.

### Parking

St. Paul Campus-Parking is available in a ramp on Maria Avenue, directly across from the campus. The parking fee at the St. Paul Campus is \$5/day.

### Disability parking

Multiple disability parking spaces are available in the Metro State parking ramp.

