

# MINNESOTA PSYCHOLOGICAL ASSOCIATION

## — 86TH ANNUAL CONFERENCE —



[www.mnpsych.org/86th-annual-conference](http://www.mnpsych.org/86th-annual-conference)

**Thursday & Friday: April 28 – 29, 2022**

Crowne Plaza Minneapolis West

3131 Campus Drive, Plymouth, MN 55441 | (763) 559-6600 | [www.cpplymouth.com](http://www.cpplymouth.com)

### FEATURING PLENARY SPEAKERS:

**ANDY NORMAN, PH.D.** — When Toxic Ideas Infect Minds: Clinical Applications of the Science of Mental Immunity

**ANN MASTEN, PH.D., LP** — Resilience in Science and Practice: Progress and Promise

### CONFERENCE HOTEL ACCOMMODATIONS:

Discounted rooms are available to attendees at the Crowne Plaza Minneapolis West at the rate of \$128 plus tax for a single/double. To make your reservation, please call the hotel at (800) 227-6963 or (763) 559-6600 and indicate you are with the Minnesota Psychological Association conference. Discounted rooms are available until April 6, 2022, and will be available after that date on an as-available basis.

### EXHIBITORS & SPONSORS:

Get involved today by exhibiting or sponsoring the 86th Annual Conference! As an exhibitor or sponsor, you will receive recognition prior to and throughout the event. Details on how you can participate can be found on our website at [www.mnpsych.org/86th-annual-conference](http://www.mnpsych.org/86th-annual-conference) or email: [info@mnpsych.org](mailto:info@mnpsych.org).

### REGISTRATION RATES:

	ON OR BEFORE MARCH 15		MARCH 15 – APRIL 21		AFTER APRIL 21	
	Full Convention	One Day	Full Convention	One Day	Full Convention	One Day
<b>MEMBER</b>	\$300	\$225	\$350	\$225	\$405	\$300
<b>NON-MEMBER</b>	\$435	\$335	\$435	\$335	\$510	\$405
<b>STUDENT/ RETIREE</b>	\$110	\$68	\$110	\$68	\$195	\$152

► **EARN UP TO 13 CONTINUING EDUCATION CREDITS!**

*Target audience: All psychologists, mental health professionals, and students in psychology and related areas.*

# SCHEDULE AT A GLANCE

Program is subject to change at any time without notice

\*CE credits not awarded for these activities

## THURSDAY, APRIL 28

- 7:30AM** Breakfast/Networking\*
- 8:30AM** Opening Plenary Session, Welcome
- 8:45AM** ► **Keynote Address: When Toxic Ideas Infect Minds: Clinical Applications of the Science of Mental Immunity**  
*Andy Norman, Ph.D.*
- 10:00AM** Break, Exhibit Viewing\*
- 10:15AM** Plenary Continued
- 11:45AM** Lunch\*
- 12:45PM** ► **How to Help Clients Shed Dysfunctional Ideas: Clinical Applications of the Socratic Method**  
*Andy Norman, Ph.D.*
- **Adult Obesity and its Relationship to Childhood Trauma**  
*Thyra Fossum, Ph.D., LP;*  
*Paul Bagdade, Ph.D., LP*
- **Cultural Intersection of Behavioral Health Care and Assessment with our Native American Population**  
*Geoffrey Ammerman, M.S.Ed., LP;*  
*Angelique Gillis, Ph.D., FDL;*  
*Carol DeVerney, M.S.W., LGSW*
- **Enhancing the Efficacy of Exposure Therapy in Treating Anxiety Disorders**  
*Brittany Lynn Quimby, Psy.D., M.S.Ed.*
- 2:00PM** Poster Viewing  
Exhibit Hall Viewing\*
- 3:00PM** ► **Destigmatizing Remediation and Supporting Trainees with Problems of Professional Competence**  
*Ashley Sovereign, Psy.D., LP;*  
*Salina Renninger, Ph.D., LP;*  
*Katie Grinde, M.A.; Jingyou Zhu, M.A.*
- **A Rolling Pandemic, an Increased Demand for Care, Fatigue... Burnout, What Work-Life Balance?**  
*Signe Nestingen, Ph.D., LP, LMFT;*  
*Catherine Cronmeyer, Psy.D., LP, LLC;*  
*Anna Tierney, Ph.D., LP*
- **Requesting Services for Our Clients that Might Need a Waiver**  
*Amy Carrison, Ph.D.*
- **Complex Issues in Child Psychology: When Legal Matters Enter Therapy**  
*Sharon Stein McNamara, Ed.D., LP;*  
*Gay Rosenthal, M.A., LP; Laurel Ferris, M.A.*

- 4:15PM** Thursday Evening Reception, PINGO Drawings and Awards\*

## FRIDAY, APRIL 29

- 7:30 AM** Breakfast/Networking\*
- 8:30AM** Plenary Session, Welcome
- 8:45AM** ► **Keynote Address: Resilience in Science and Practice: Progress and Promise**  
*Ann Masten, Ph.D., LP*
- 10:00AM** Break, Exhibit Viewing\*
- 10:15AM** Plenary Continued
- 11:45AM** Lunch\*
- 12:45PM** ► **Considerations When Working with a Client That is Living with a Disability**  
*Elizabeth Fleming, Psy.D.;*  
*Sheridan Anderson, M.A.*
- **Cognitive and Emotional Functioning in Patients with Post-Acute Sequelae of COVID-19 (PASC) or "Long COVID"**  
*Douglas Whiteside, Ph.D., ABPP*
- **Therapist Resilience and Development in an Ever-Changing World**  
*Sarah Cronin, Ph.D., LP;*  
*Tom Allen, Ph.D., LP;*  
*Tom Skovholt, Ph.D., LP;*  
*Jian-Ming Hou, Ph.D., LP*
- **Promoting Resilience through Connection with Nature**  
*Jaime Ascencio, Ph.D., HTR*
- 2:00PM** Poster Viewing  
Exhibit Hall Viewing\*
- 3:00PM** ► **Overview of Assessment of Trauma and Dissociative Spectrum Disorders**  
*Jeffery Hill, Psy.D., LP;*  
*Meghan Clifford, Psy.D., LP*
- **Helping to Reclaim the "I" in Life**  
*Mary Auster Shaneshy, Psy.D., LP*
- **The Exploration of Addiction Through a Grief and Loss Lens**  
*Fiyyaz Karim, Psy.D.*
- **Reporting Results from the MN All Payer Claim Database**  
*Heather Simmer, Psy.D.*
- 4:15PM** Adjourn\*

Registrants understand that if they attend the conference, they will need to provide proof of vaccination or negative COVID-19 test 48 hours prior to conference start in order to attend the conference.

MPA will require all attendees to wear masks. Registrants understand they will need to wear a mask while attending the conference, with the exception of actively eating or drinking.

COVID-19 is a highly contagious and easily spread virus - even among those carriers who are asymptomatic. By registering, registrants acknowledge that they are freely choosing to attend the MPA in-person event during the ongoing COVID-19 pandemic. They will understand that they have assumed the risk and responsibility of potentially contracting COVID-19 and release MPA from any liability as it relates to contracting COVID-19.

TO VIEW FULL CONFERENCE INFORMATION AND TO REGISTER ONLINE VISIT

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