

FIRST FRIDAY FORUM | JUNE 7, 2024 | 3 CE CREDITS

YOUR SAFETY MATTERS

SPEAKERS: CHRISTINA HANSEN COHEN, PSY.D., LP AND
TARA MOSER, M.S.W., LCSW, RPT-S

Virtual

This program qualifies for 3.0 continuing education credits

Level: Introductory: Assumes post-doctoral education status and limited familiarity with the topic.

Location: Registrants will receive a Zoom link to access the session online

About the Program:

This is a 3 hour seminar focused on the safety of mental health professionals. Post-pandemic we are seeing a rise in violence and are focused on helping mental health practitioners evaluate how they are practicing psychology to ensure that they are maintaining their own safety and those who support them in their work. It is pertinent that we are providing not only best practices to our clients but also to ourselves and those around us. This seminar helps practitioners evaluate their practice and create a comprehensive safety plan to ensure their practice, whether it be a hospital setting, agency or private practice is ensuring the safety of those who work there.

This program qualifies for 3.0 continuing education credits. Attendees must attend the entire session to gain credit.

The speakers have indicated no conflicts of interest to report.

Participants will be able to:

1. Identify current safety risks in their practice setting.
2. Create a plan to improve clinician safety in and out of the practice setting.
3. Prepare for ethical and legal situations that may arise when presented with a safety concern.
4. Discuss safety concerns of self and other clinicians in order to be prepared for future situations.

About the Presenters:

Christina Hansen Cohen, Psy.D., LP she/her/hers, is a licensed psychologist in both Minnesota and Florida and is the principal of Edina Psychology, S.C. While she is licensed in both states, she primarily works in Minnesota. Her clinical work spans both hospital settings as well as private practice and has included individual, family, and group psychotherapy, as well as psychological, psychoeducational, and neuropsychological evaluations for children, adolescents, and adults. Dr. Cohen has received specialized training in pediatric psychology, health psychology, neuropsychological evaluation, divorce, and trauma treatment. She frequently researches and presents on Anxiety, ADHD, domestic violence, trauma, mental health in general and family law matters. She

also has experience working with marginalized communities. Dr. Cohen's professional interests are psychotherapy with children and adults, EMDR, psychoeducational assessments, neuropsychological evaluations as well as paternity, divorce, and post-divorce family issues.

Tara Moser, M.S.W., LCSW, RPT-S is a Licensed Clinical Social Worker in Florida, Virginia, Massachusetts, Colorado, and Illinois. She is a Registered Play Therapist-Supervisor™ and a Qualified Supervisor in Florida. Tara received her bachelor's degree in psychology and Master of Social Work both from the University of Central Florida. Tara owns a group practice in Southwest Florida that specializes in play and animal-assisted therapy. Tara is active in her local, state, and national organizations and believes in continuing education in all areas of our careers. Tara is the founder of a non-profit that combines her love of animal-assisted therapy with rescue dogs called Pawsitive Kids Camp. Tara is the current President of the Florida Association for Play Therapy. Tara and her husband have a published children's book, "Bode the Beach Dog: Life is RUFF!" In her free time, Tara loves to travel, and be with family and can be found stating her search of "vitamin sea" and being on the boat! Tara is often found helping her favorite local animal rescues and spending time with her dogs: Harry Pawter, Chewbarka, Howly Quinn, and Jerry.

The Minnesota Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The Minnesota Psychological Association maintains responsibility for this program and its content.

Accessibility Accommodations: If you need disability-related accommodations to make this event accessible, please contact the Metropolitan State University Center for Accessibility Resources, 651-793-1549, or Accessibility.Resources@metrostate.edu.

CONFIRMATION/CANCELLATION: You will receive an emailed confirmation of your registration. You will be notified by mail, e-mail or telephone if your selection is filled or cancelled.

REFUND POLICY: A 100% refund will be made if the event is cancelled. Refunds, less a \$5 handling fee, will be given if a written cancellation is received at least two working days before the scheduled program begins. No refund or transfer is given the day of the program.

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Register online @ <https://www.mnpsych.org/calendar-of-events> or complete the form below and fax or mail your registration to protect this information. Please do not email credit card information.

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Registration is available until the event begins.

Fee: MPA member: \$60 Non-member: \$95 Student: \$15 Retired-member: \$30 (No CE Credit) *Retired members have the option to pay the regular member rate to receive CE credit or take advantage of the discounted price with no CE.*

Total Amount Enclosed: \$

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