

The Minnesota Psychological Association cosponsors Friday Forums with the Metropolitan State University Psychology Department

FIRST FRIDAY FORUM | JUNE 7, 2024 | 3 CE CREDITS **YOUR SAFETY** MATTERS: CHRISTINA HANSEN COHEN, PSY. D., LP AND TARA MOSER, M.S.W., LCSW, RPT-S

This program qualifies for 3.0 continuing education credits

Virtual

Level: Introductory: Assumes post-doctoral education status and limited familiarity with the topic.

Location: Registrants will receive a Zoom link to access the session online

About the Program:

This is a 3 hour seminar focused on the safety of mental health professionals. Post-pandemic we are seeing a rise in violence and are focused on helping mental health practitioners evaluate how they are practicing psychology to ensure that they are maintaining their own safety and those who support them in their work. It is pertinent that we are providing not only best practices to our clients but also to ourselves and those around us. This seminar helps practitioners evaluate their practice and create a comprehensive safety plan to ensure their practice, whether it be a hospital setting, agency or private practice is ensuring the safety of those who work there. The speakers will address the relevance of their presentation to the practice of telepsychology.

This program qualifies for 3.0 continuing education credits. Attendees must attend the entire session to gain credit. Registration fee includes access to live webinar, program agenda, program PowerPoint, and continuing education certificate.

The speakers have indicated no conflicts of interest to report.

Participants will be able to:

- 1. Identify current safety risks in their practice setting.
- 2. Create a plan to improve clinician safety in and out of the practice setting.
- 3. Prepare for ethical and legal situations that may arise when presented with a safety concern.
- 4. Discuss safety concerns of self and other clinicians in order to be prepared for future situations.

About the Presenters:

Christina Hansen Cohen, Psy.D., LP earned her Psy.D. in Clinical psychology from Minnesota School of Professional Psychology/Argosy and is a licensed psychologist, with private practices in both Minnesota and Florida. She also is the founder of a mental health co-working space in Minnesota. She has authority to Practice Interjurisdictional Telepsychology (APIT) as granted by the PSYPACT Commission. She has been in private practice for 13 years, focused on forensic psychology, child psychology and trauma. Through this work, she has learned the importance of ensuring both patient and mental health professional safety in private and group practices. She has experienced the intricacies of ensuring hers and her staff's safety as well MPA | 4248 Park Glen Road, Minneapolis, MN 55416

Phone: 952-928-4657 Fax: 952-929-1318 | info@mnpsych.org | Contact for accessibility information 11/08/2022

as consulted on many cases over the years that provides clinicians the skills to treat patients, who have a high risk for violence.

Tara Moser, LCSW, RPT-S, CAAS, earned her Master's in Social Work from University of Central Florida and is a licensed clinical social worker in Florida, Virginia, Illinois, Massachusetts, Colorado, and Vermont. She is owner of the group practice, Delta Family Counseling in Fort Myers, Florida. She completed her bachelors and masters degrees at University of Central Florida in Orlando, FL. Tara keeps an active clinical practice that includes individual and family sessions; supervision and consultation for social work, play therapy, practice building, practice safety, and animal assisted therapy; and is a presenter for workshops at the local, state, and national level in topics including practice safety, animals in therapy, play therapy, and supervision. Tara's clients are often from trauma, high conflict divorce, adoption, and have brought safety needs for herself, her family, and her team of clinicians that has created her desire to educate and promote the need for safety in practice for mental health professionals.

The Minnesota Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The Minnesota Psychological Association maintains responsibility for this program and its content.

Accessibility Accommodations: If you need disability-related accommodations to make this event accessible, please contact the Metropolitan State University Center for Accessibility Resources, 651-793-1549, or Accessibility.Resources@metrostate.edu.

CONFIRMATION/CANCELLATION: You will receive an emailed confirmation of your registration. You will be notified by mail, e-mail or telephone if your selection is filled or cancelled.

REFUND POLICY: A 100% refund will be made if the event is cancelled. Refunds, less a \$5 handling fee, will be given if a written cancellation is received at least two working days before the scheduled program begins. No refund or transfer is given the day of the program.

Register online @ <u>https://www.mnpsych.org/calendar-of-events</u> or complete the form below and fax or mail your registration to protect this information. Please do not email credit card information. Name:

Degree:

Licensure:

Institution/Agency:

Address:

City/State/Zip:

Email:

Phone:

Registration is available until the event begins.

Fee: MPAmember: \$60 Non-member: \$95 Student: \$15 Retired-member: \$30 (No CE Credit) *Retired members have the option to pay the regular member rate to receive CE credit or take advantage of the discounted price with no CE.* Total Amount Enclosed: \$

□Check (made payable to MPA) □Visa □MC □American Express *All credit card fields are required* Card Number:

Exp. Date:

Security Code:

Cardholder Name:

Cardholder Signature:

Credit card billing address:
Same as above or write here:

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