

FIRST FRIDAY FORUM | February 2, 2024 | 3 CE Credits

Internal Family Systems (IFS) Through A Cultural Lens

Speaker: Steven Cambrice, M.S., LMFT

Virtual

This program qualifies for 3.0 continuing education credits

Level: Intermediate: Assumes post-doctoral education status and general familiarity with the topic

Location: Registrants will receive a Zoom link to access the session online

About the Program:

The Internal Family Systems Model (IFS) Through A Cultural Lens (IFS) is an integrative approach to individual psychotherapy. It combines system thinking with the view that the mind is made up of relatively discrete subpersonalities, each with its own unique viewpoint and qualities. IFS uses systems psychology, particularly as developed for family therapy, to understand how these collections of subpersonalities are organized. We will examine Through A Cultural Lens.

This program qualifies for 3.0 continuing education credits. Attendees must attend the entire session to gain credit. Registration fee includes access to live webinar, program agenda, program PowerPoint, and continuing education certificate.

The speakers have indicated no conflicts of interest to report.

Participants will be able to:

1. Explain the Internal Family Systems Model (IFS) through Cultural Lense Psycho-Social Identity.
2. Describe tools to structure intervention with supportive tools to explore Legacy Burdens/Historical Trauma impact on Psychosocial Identity.
3. Review Power and privilege dynamics.
4. Describe Therapist Non-Judgmental/Non-Pathologizing Stance.

About the Presenter:

Steven Cambrice, M.S., LMFT received his master's degree in Marriage and Family Therapy from the University of Wisconsin–Stout and is a Licensed Marriage and Family Therapist (LMFT) with expertise in providing therapeutic services to youth and families. He specializes in providing culturally responsive care to individuals impacted by trauma within the African American community. Steven has worked in a variety of settings including day treatment, school-based mental health, community mental health, and private practice. Steven is a dynamic speaker with specific interests in treating trauma through the integration of Internal Family Systems and Heart-Focused interventions/technology.

The Minnesota Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The Minnesota Psychological Association maintains responsibility for this program and its content.

Accessibility Accommodations: If you need disability-related accommodations to make this event accessible, please contact the Metropolitan State University Center for Accessibility Resources, 651-793-1549, or Accessibility.Resources@metrostate.edu.

CONFIRMATION/CANCELLATION: You will receive an emailed confirmation of your registration. You will be notified by mail, e-mail or telephone if your selection is filled or cancelled.

REFUND POLICY: A 100% refund will be made if the event is cancelled. Refunds, less a \$5 handling fee, will be given if a written cancellation is received at least two working days before the scheduled program begins. No refund or transfer is given the day of the program.

Register online @ <https://www.mnpsych.org/calendar-of-events> or complete the form below and fax or mail your registration to protect this information. Please do not email credit card information.

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Registration is available until the event begins.

Fee: MPA member: \$60 Non-member: \$95 Student: \$15 Retired-member: \$30 (No CE Credit) *Retired members have the option to pay the regular member rate to receive CE credit or take advantage of the discounted price with no CE.*

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