

FIRST FRIDAY FORUM

FRIDAY, DECEMBER 2, 2022
9:00 A.M. - 12:00 P.M.

LICENSING BOARD COMPLAINTS: TIPS TO AVOID, STRATEGIES TO RESPOND

JANET T. THOMAS, PSY.D., LP

Virtual

This program qualifies for 3.0 continuing education credits

Level: Intermediate: Assumes post-doctoral education status and general familiarity with topic. It is designed for psychologists and other mental health professionals.

Location: Registrants will receive a Zoom link to access the session online

About the Program:

Psychologists and other mental health clinicians at all stages of professional development are vulnerable to unintentional ethical errors that could result in licensing board complaints. Receiving the dreaded notice that there has been a complaint is undoubtedly among the most distressing events that any of us could experience in our careers. Fear, shame, panic, anger, and despair are some of the common feelings experienced in the wake of such notification. Graduate training taught us to avoid problematic multiple relationships, protect client privacy, obtain informed consent, and maintain competence. It all seemed very straightforward. But then we were licensed and began engaging in actual relationships with clients—without the scaffolding of the supervision afforded by pre-licensure training. In practice, we may encounter difficult cases, requests that make us uncomfortable, or challenges from colleagues whose perspectives differ from our own. Sometimes, these real-life complexities only come to light when there is an allegation of unethical behavior. The objective of this objective is two-fold. First, participants will learn to recognize some of the common ethical pitfalls encountered in clinical practice and to identify strategies for avoiding them. The presentation will include tips for addressing allegations that might mitigate an impasse and obviate a formal complaint. Second, participants will learn to identify actions that should be taken and those that should be avoided when responding to a board complaint. Fictionalized cases and vignettes will be used to illustrate concepts and strategies.

This program qualifies for 3.0 continuing education credits. Attendees must attend entire session to gain credit.

The speaker has no conflicts of interest to report

Participants will be able to:

1. Recognize common ethical errors that may lead to board complaints.
2. Identify strategies for inoculating your clinical practice against ethical mistakes.
3. List “dos and don’ts” for licensees responding to notification of a board complaint.

About the Presenter:

Janet T. Thomas, Psy.D., LP, is a psychologist in private practice in Saint Paul. Dr. Thomas received a Psy.D. in Counseling Psychology from the University of Saint Thomas. She has served on the adjunct faculties of three graduate programs where she taught courses including professional ethics, supervision and consultation, professional writing, and counseling skills. In her practice, Dr. Thomas provides psychotherapy as well as

specialized services to mental health professionals and graduate students. These include ethics consultation, remedial supervision, and individualized courses for professionals completing requirements following licensing board complaints. Courses related to boundaries, record keeping, and confidentiality are examples. She has published and presented, nationally and internationally, on ethics-related topics, serves as an Ethics Item-Writing Team Lead for the EPPP-2, and is a former chair of the MPA Ethics Committee and a former member of the APA Ethics Committee.

You must attend the full program to get continuing education credit.

The Minnesota Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The Minnesota Psychological Association maintains responsibility for this program and its content.

CONFIRMATION/CANCELLATION: You will receive an emailed confirmation of your registration. You will be notified by mail, e-mail or telephone if your selection is filled or cancelled.

REFUND POLICY: A 100% refund will be made if the event is cancelled. Refunds, less a \$5 handling fee, will be given if a written cancellation is received at least two working days before the scheduled program begins. No refund or transfer is given the day of the program.

Register online @ <https://www.mnpsych.org/calendar-of-events> or complete the form below and fax or mail your registration to protect this information. Please do not email credit card information.

Name:

Degree:

Licensure:

Institution/Agency:

Address:

City/State/Zip:

Email:

Phone:

Registration is available until the event begins.

Fee: MPA member: \$60 Non-member: \$95 Student: \$15 Retired-member: \$30 (No CE Credit) *Retired members have the option to pay the regular member rate to receive CE credit or take advantage of the discounted price with no CE.*

Total Amount Enclosed: \$

Check (made payable to MPA) Visa MC American Express *All credit card fields are required*

Card Number:

Exp. Date:

Security Code:

Cardholder Name:

Cardholder Signature:

Credit card billing address: Same as above or write here:

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