



Lunch & Learn | 1 CE Credit

**Thursday, November 21**  
12:00-1:00 p.m.

## Centering Indigenous Joy in Healing Praxis

*Speaker: Jill Fish, Ph.D., LP*

### *Virtual*

**This program qualifies for 1.0 continuing education credit.**

Level: Introductory: Assumes post-doctoral education status and limited familiarity with topic.

Audience: Designed for psychologists and other mental health professionals.

Location: Registrants will receive a Zoom link to access the session online.

This session will be recorded for future use in our online MPA CE21 catalog.

### **About the Program:**

In celebration of Native American Heritage Month, the focus of this presentation will be highlighting Indigenous and traditional knowledge and wisdom in healing practices. In particular, this presentation will focus on pathways that can cultivate and support cultural connections and kinship practices that promote generational well-being (O'Keefe et al., 2022). Throughout this presentation, Dr. Fish will integrate insights from her clinical practice in addition to her research on the cultural and historical factors that influence Indigenous health and wellness (Fish et al., 2023). Specifically, she will discuss the role of storytelling, the land, ancestors, and other cultural practices in enabling Indigenous peoples to reclaim joy in their daily lives (Indigenous Joy Collective, 2024). Additionally, Dr. Fish will discuss the significance and implications of Indigenous healing practices in the context of the American Psychological Association's commitment to account for and ameliorate past wrongs, including those affecting Indigenous peoples (Fish et al., 2024).

*Participants will have the opportunity to ask questions and engage with the expert panelist during the program. This program qualifies for 1.0 continuing education credits. Attendees must attend the entire session to gain credit. Registration fee includes access to live webinar, program agenda, program PowerPoint, and continuing education certificate.*

*The speaker has indicated no conflicts of interest to report.*

### **Participants will be able to:**

1. Describe the relationship between joy and its role in promoting generational well-being.
2. Demonstrate a basic understanding of what could be considered an Indigenous healing practice.

**About the Presenters:**

**Jill Fish, Ph.D., LP** is an assistant professor of psychology at Macalester College and owner of Fish Psychotherapy & Consulting, LLC. She earned her Ph.D. in Counseling Psychology from the University of Minnesota in 2020. Her interdisciplinary research focuses on promoting Native American and Indigenous peoples' well-being across the lifespan. She is broadly interested in how Native peoples use their histories and cultures to overcome oppression and to support their health and wellness. Similarly, in her clinical practice, she enjoys helping clients leverage their identities and strengths to cope with the effects of intergenerational trauma. Jill is from the Tuscarora Nation of the Haudenosaunee Confederacy of Western NY. She is a lineal descendent — her father is an enrolled Tribal member (Beaver clan) and her mother is white. She was born and raised in Tuscarora until she moved to Saint Paul, MN in 2014, where she currently lives with her husband and son.

The Minnesota Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The Minnesota Psychological Association maintains responsibility for this program and its content.

**Accessibility Accommodations:** If you need disability-related accommodations to make this event accessible, please contact the Metropolitan State University Center for Accessibility Resources, 651-793-1549, or [Accessibility.Resources@metrostate.edu](mailto:Accessibility.Resources@metrostate.edu).

**CONFIRMATION/CANCELLATION:** You will receive an email confirmation of your registration. You will be notified by mail, e-mail or telephone if your selection is full or cancelled.

**REFUND POLICY:** A 100% refund will be made if the event is cancelled. Refunds, less than a \$5 handling fee, will be given if a written cancellation is received at least two working days before the scheduled program begins. No refund or transfer is given the day of the program.

**Register online @ <https://www.mnpsych.org/calendar-of-events>** or complete the form below and fax or mail your registration to protect this information. Please do not email credit card information.

Name:

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Licensure:

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Registration is available until the event begins.

Fee: MPA member: \$60 Non-member: \$95 Student: \$15 Retired-member: \$30 (No CE Credit) *Retired members have the option to pay the regular member rate to receive CE credit or take advantage of the discounted price with no CE.*

Total Amount Enclosed: \$

Check (made payable to MPA) Visa MC American Express *All credit card fields are required*

Card Number:

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Security Code:

Cardholder Name:

Cardholder Signature:

Credit card billing address: Same as above or write here:

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